



MaineHealth Healthy Payback Program

Reimbursement How-to Guide

Welcome to the MaineHealth WOW (Works on Wellness) Healthy Payback reimbursement program. You are eligible to receive up to \$100 reimbursement per payback period (Period 1: January 1–June 30 and Period 2: July 1–December 31) for participating in [qualified wellness programs](#).

To receive the reimbursement, please complete the appropriate form on the Virgin Pulse platform following the directions on the next few pages.

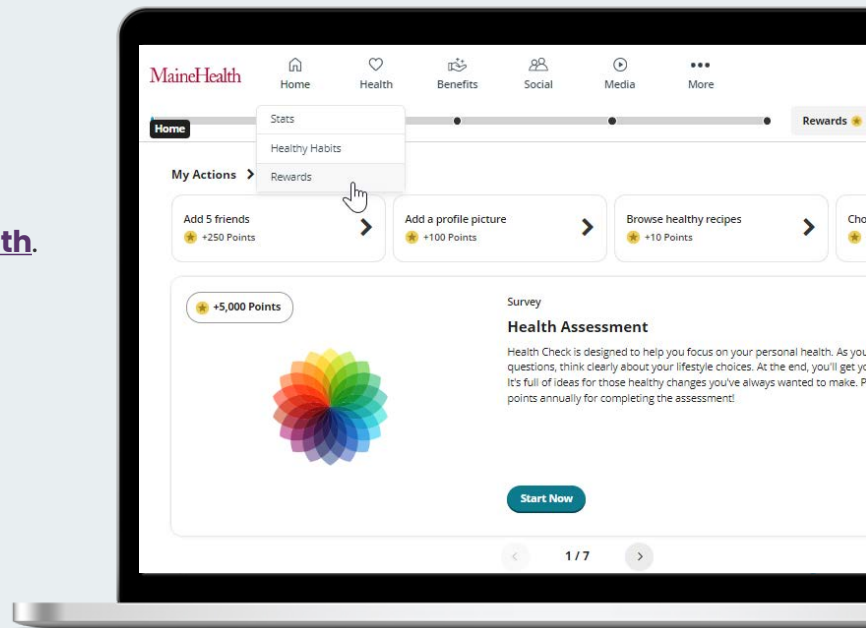
How to get started on desktop

Step 1

Register for a **Virgin Pulse account** by going to join.virginpulse.com/mainehealth.
Already a member? Sign in at member.virginpulse.com.

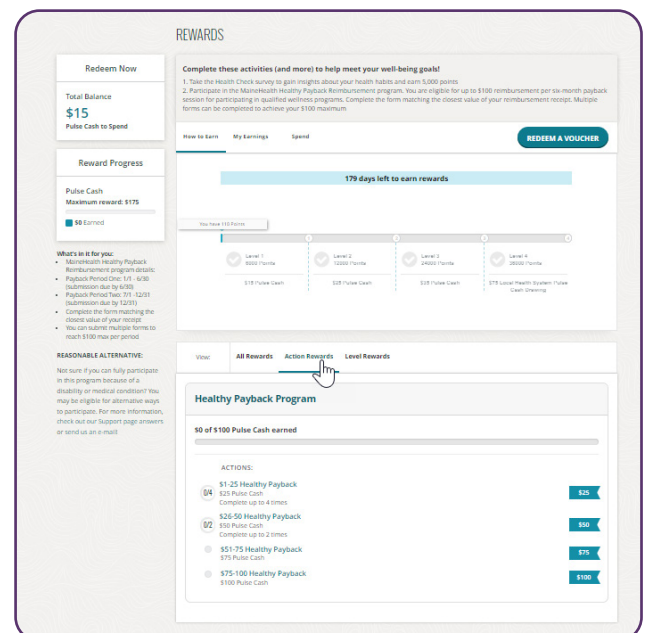
Step 2

Click on the **Home** button and select **Rewards**.



Step 3

On the **Rewards** page you'll find a section for **action rewards** titled "Healthy Payback Program."



Select the appropriate segment that matches the closest value of your reimbursement receipt.

View: All Rewards Action Rewards Level Rewards

Healthy Payback Program

\$0 of \$100 Pulse Cash earned

ACTIONS:

- 0/4 \$1-25 Healthy Payback
\$25 Pulse Cash
Complete up to 4 times [\\$25](#)
- 0/2 \$26-50 Healthy Payback
\$50 Pulse Cash
Complete up to 2 times [\\$50](#)
- \$51-75 Healthy Payback
\$75 Pulse Cash [\\$75](#)
- \$75-100 Healthy Payback
\$100 Pulse Cash [\\$100](#)

\$75-100 Healthy Payback

[\\$100](#) Pulse Cash

There are two separate Payback periods. Activities and payments must be conducted in the current six-month payback period.

Time Remaining: 179 days

[TAKE ME THERE](#)
[View My Progress](#)

Step 4 Complete the required fields and upload your receipt.

\$76-100 Healthy Payback

First Name *

Last Name *

Email Address *

Please provide the program name, e.g.:
Noom Membership, Gym Membership,
Massage, etc. *

Submitting for the following Wellness Category(s): *

- ☐ Community Supported Agriculture (CSA)
- ☐ Health Education / Health Coaching
- ☐ Physical Movement
- ☐ Stress Management
- ☐ Weight Management

Receipt Upload - If you are submitting multiple receipts, please compile into one attachment. *

[Choose File](#) No file chosen
Max File Size: 10mb | Accepted file types: .jpg, .jpeg, .gif, .png, .pdf

This is a taxable benefit, [click here](#) for more information.

How has the program supported your wellness goals? Please tell us your thoughts on this program by taking this short [survey](#).

☒ * By clicking the box, I confirm that all of the information provided is correct and truthful.

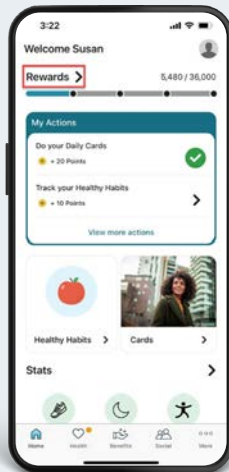
[SUBMIT](#)

How to get started on the app



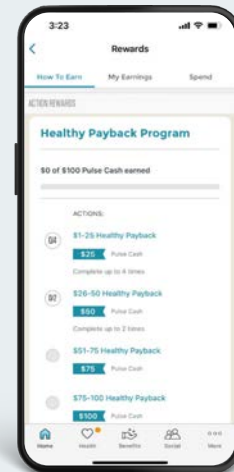
Step 1

From the home page, navigate to the **Rewards** page.



Step 2

On the **Rewards** page you'll find a section for action rewards titled "Healthy Payback Program."



Follow steps 3 and 4 outlined above to complete the forms.

Have questions about the Virgin Pulse platform? We're here to help.

- Check out support.virginpulse.com
- Live chat on member.virginpulse.com:
Monday–Friday, 2 am–9 pm ET
- Contact the MaineHealth Virgin Pulse Support Hotline: **833-483-0836**
Monday–Friday, 8 am–9 pm ET

For Healthy Payback Program questions, please contact the MaineHealth HR Solutions Center using the icon on your desktop or call 207-661-4000.