

# Maine Medical

## PARTNERS

### Women's Health

*A department of Maine Medical Center*

## Guidelines for Redating Based on Ultrasound

### Gestational Age Range

### Discrepancy Between Ultrasound and LMP Requiring Redating

Less than 9 weeks . . . . .	More than 5 days
9.0 to 15.6 weeks . . . . .	More than 7 days
16.0 to 21.6 weeks . . . . .	More than 10 days
22.0 to 27.6 weeks . . . . .	More than 14 days
28.0 weeks or greater . . . . .	More than 21 days

\*\*Less than 14 weeks use CRL

\*\*14.0 weeks or greater use BPD, HC, AC, FL

### Suboptimal pregnancy dating:

Pregnancies without ultrasound exam that confirms or revises the estimated due date before 22 0/7 weeks should be considered suboptimally dated.

- Suboptimally dated pregnancies should undergo interval growth 4 weeks after the initial ultrasound study.
- Suboptimally dated pregnancies should undergo weekly antenatal surveillance beginning at 39-0/7 weeks barring any other complications
- Suboptimally dated pregnancies should undergo delivery at 41 weeks and 0 days barring any other complications
- Suboptimally dated pregnancies are not candidates for elective delivery

### References:

1. ACOG Committee Opinion No 700: Methods for Estimating the Due Date. May 2017, Reaffirmed 2019.
2. ACOG Committee Opinion No 688: Management of Suboptimally Dated Pregnancies. March 2017, Reaffirmed 2019.