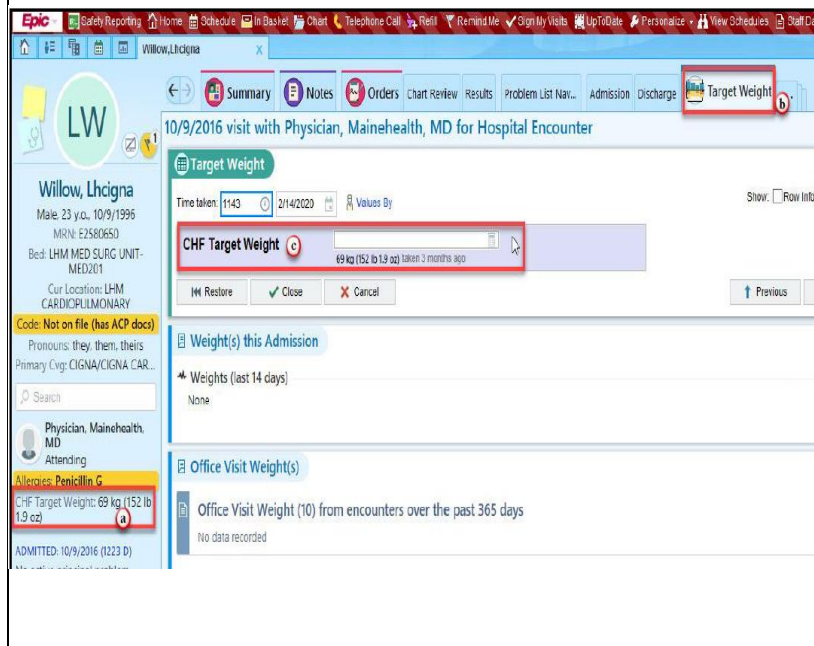**Documenting Target Weight in SeHR (Epic) Inpatient**   MaineHealth

NOTE: CHF Target Weight (TW) can only be entered from within an encounter, not from just reviewing a chart.

In an **Inpatient** encounter:
- a. From the patient's Storyboard, click on the **Target Weight** link to document …or…
- b. Navigate to the **Target Weight** Activity
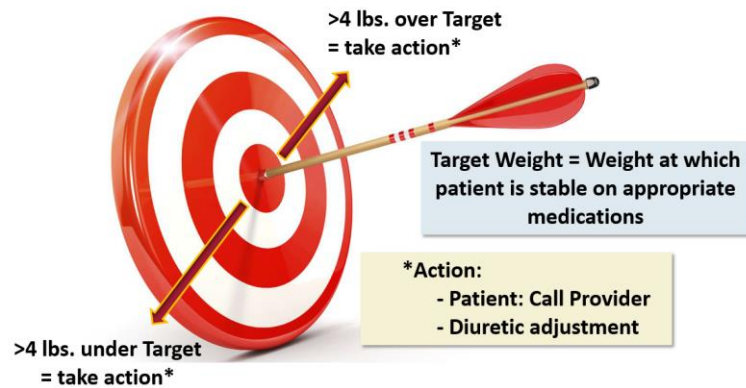- c. Document the patient's CHF Target Weight

Target Weight (TW) -The weight at which the Heart Failure patient is stable on appropriate medications

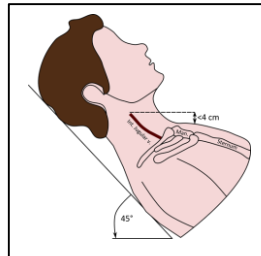**Every Heart Failure patient should have a Target Weight to aim for.**

>4 lbs. over Target = take action*

Target Weight = Weight at which patient is stable on appropriate medications

*Action:
  - Patient: Call Provider
  - Diuretic adjustment

>4 lbs. under Target = take action*

How do we Set Target Weight?

Office Setting: Exam & History
- Jugular Venous Distention
- Peripheral Edema
- Rales
- Patient's recent weights
- Clinical judgement

Other Settings, When Needed - Right heart catheterization

Target Weight (TW) is not a precise metric, but an estimate of where the patient will do best.

Adjust Target Weight as needed if patient loses or gains body mass

Heart Failure Tools and Resources - MaineHealth.org/hf