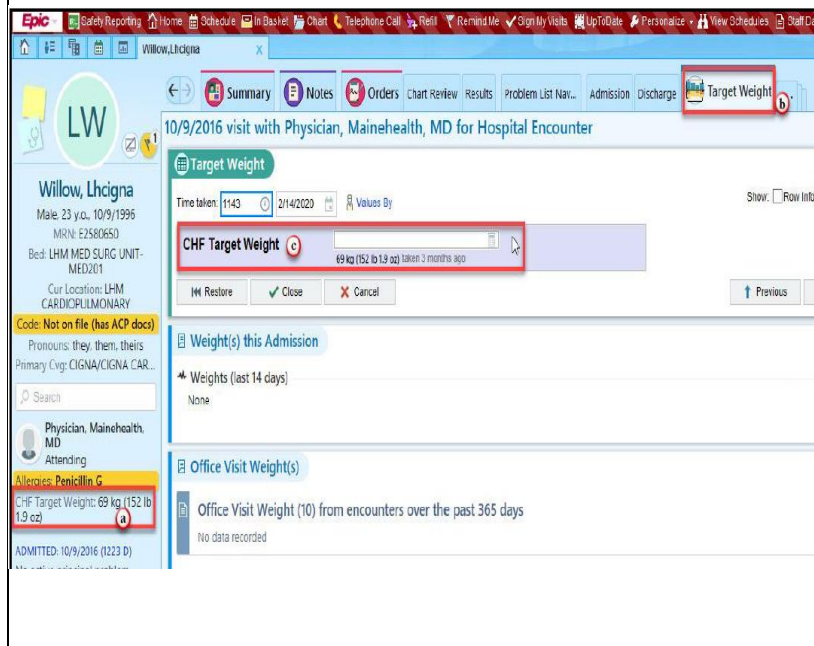


## Documenting Target Weight in SeHR (Epic) Inpatient

*NOTE: CHF Target Weight (TW) can only be entered from within an encounter, not from just reviewing a chart.*

In an **Inpatient** encounter:

- From the patient's Storyboard, click on the **Target Weight** link to document ...or...
- Navigate to the **Target Weight** Activity
- Document the patient's CHF Target Weight

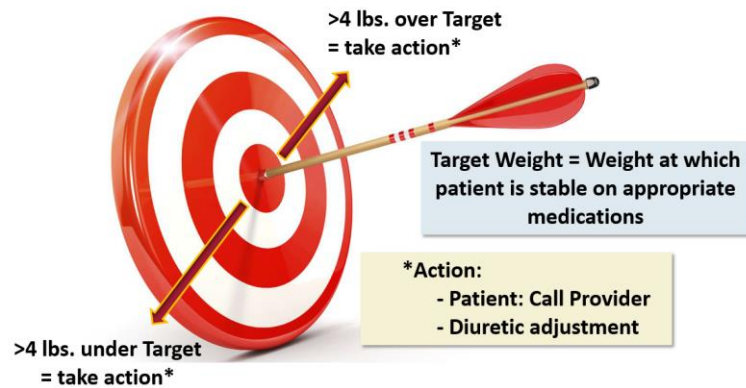


The screenshot displays the Epic SeHR interface for a patient named Willow, Lhcigna. The patient's information includes: Male, 23 y.o., 10/9/1996, MRN: E2580650, Bed: LHM MED SURG UNIT-MED261, Cur Location: LHM CARDIO/PULMONARY. The physician is Mainehalth, MD, Attending. Allergies: Penicillin G. CHF Target Weight: 69 kg (152 lb 1.9 oz). ADMITTED: 10/9/2016 (1223 D).

The main content area shows the 'Target Weight' activity for a 10/9/2016 visit with Physician, Mainehalth, MD for Hospital Encounter. The 'CHF Target Weight' field is highlighted with a red box and contains the value '69 kg (152 lb 1.9 oz) taken 3 months ago'. Below this, there are sections for 'Weight(s) this Admission' (None) and 'Office Visit Weight(s)' (No data recorded).

**Target Weight (TW)** -The weight at which the Heart Failure patient is stable on appropriate medications

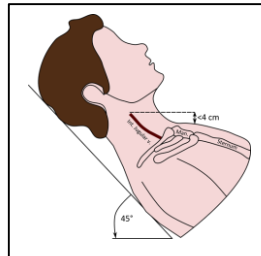
Every Heart Failure patient should have a Target Weight to aim for.



#### How do we Set Target Weight?

##### Office Setting: Exam & History

- Jugular Venous Distention
- Peripheral Edema
- Rales
- Patient's recent weights
- Clinical judgement



##### Other Settings, When Needed - Right heart catheterization

**Target Weight (TW) is not a precise metric, but an estimate of where the patient will do best.**

**Adjust Target Weight** as needed if patient loses or gains body mass