

PELVIC MASS REFERRAL GUIDELINE

Maine Medical Partners - Women’s Health Div. GYN Oncology · 100 Campus Drive, Scarborough, ME · (207) 883-0069

HIGH RISK

SUGGESTED EMERGENT CONSULTATION

SYMPTOMS AND LABS

Ovarian Cancer

- Ascites
- Clear Cell
- Carcinomatosis
- Omental Mass/Caking
- Pleural Effusion
- Papillary Serious

Fixed or Nodular Mass

Symptoms concerning for malignancy

Abdominal/distant metastasis

Pelvic mass

SUGGESTED PREVISIT WORKUP

Labs: CA 125

Lab if clinically indicated:

Imaging: Transvaginal Ultrasound (free fluid), CT Scan

Refer to Gyn Oncology

MODERATE RISK

SUGGESTED CONSULTATION OR CO-MANAGEMENT

SYMPTOMS AND LABS

Abdominal Mass

Adnexal Mass

Ovarian Mass

SUGGESTED WORKUP

Labs: CA 125

Imaging: Transvaginal Ultrasound

Refer to Gyn Oncology

LOW RISK

SUGGESTED ROUTINE CARE

SYMPTOMS AND LABS

Family History of Breast or Ovarian Cancer – refer to Genetic Counseling

BRCA + mutation

Lynch Syndrome

SUGGESTED MANAGEMENT

Refer to Gyn Oncology

CLINICAL PEARLS

- Gynecologic Oncology referral is encouraged at the discretion of the referring provider.