# PELVIC MASS REFERRAL GUIDELINE

Maine Medical Partners - Women's Health Div. GYN Oncology · 100 Campus Drive, Scarborough, ME · (207) 883-0069

### **HIGH RISK**

SUGGESTED EMERGENT CONSULTATION

### SYMPTOMS AND LABS

Ovarian Cancer

- Ascites
- Clear Cell
- Carcinomatosis
- Omental Mass/Caking
- Pleural Effusion
- Papillary Serious

Fixed or Nodular Mass

Symptoms concerning for malignancy

Abdominal/distant metastasis

Pelvic mass

## **MODERATE RISK**

SUGGESTED CONSULTATION OR CO-MANAGEMENT

#### **SYMPTOMS AND LABS**

**Abdominal Mass** 

Adnexal Mass

Ovarian Mass

## **LOW RISK**

SUGGESTED ROUTINE CARE

#### **SYMPTOMS AND LABS**

Family History of Breast or Ovarian Cancer – refer to Genetic Counseling

BRCA + mutation

Lynch Syndrome

## SUGGESTED PREVISIT WORKUP

Labs: CA 125

Lab if clinically indicated:

Imaging: Transvaginal Ultrasound (free

fluid), CT Scan

Refer to Gyn Oncology

## SUGGESTED WORKUP

Labs: CA 125

Imaging: Transvaginal Ultrasound

Refer to Gyn Oncology

## SUGGESTED MANAGEMENT

Refer to Gyn Oncology

### CLINICAL PEARLS

 Gynecologic Oncology referral is encouraged at the discretion of the referring provider.

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These clinical practice guidelines describe generally recommended evidence-based interventions for the evaluation, diagnosis and treatment of specific diseases or conditions. The guidelines are: (i) not considered to be entirely inclusive or exclusive of all methods of reasonable care that can obtain or produce the same results, and are not a statement of the standard of medical care; (ii) based on information available at the time and may not reflect the most current evidenced-based literature available at subsequent times; and (iii) not intended to substitute for the independent professional judgment of the responsible clinician(s). No set of guidelines can address the individual variation among patients or their unique needs, nor the combination of resources available to a particular community, provider or healthcare professional. Deviations from clinical practice guidelines thus may be appropriate based upon the specific patient circumstances.