Maine Transplant Program Pathway to Waitlist



<u>Timeline targets</u>

Start 12 weeks

Referral

Online Class

You will be asked to take an online class about transplant. After you take the class, you can decide if you want to keep going.

Care Team Visit

You will meet with the Maine Transplant Program Care Team, which includes:

- Your nurse coordinator
- 2. A financial representative
- A social worker
- 4. A dietitian
- 5. A pharmacist
- 6. A nephrologist or surgeon

Routine Testing

After you meet with your Care Team, they might request certain additional medical tests.

Decision

Your Care Team will meet as a group to discuss whether you are a good fit for getting on the transplant waitlist.



- You will be required to meet with the entire transplant Care Team. Some of these appointments will be remote (by phone).
- You will be advised to complete previously deferred health issues, including cancer screening and dental care.
- Your Care Team will have discussions with you about living donation.
- Additional testing will be required following placement on the waitlist when a transplant offer is expected within the next year.
- You will be expected to complete these steps within 3 months.

Maine Transplant Program Waitlist to Transplantation



Waitlist

Your time spent on the waitlist depends on several factors. Your nurse coordinator will discuss these with you.

When you are expected to receive a transplant offer within the next year, you will be scheduled for a Readiness Visit.

Readiness Visit

You will again meet with the Care Team:

- Your nurse coordinator
- 2. A financial representative
- 3. A social worker
- 4. A pharmacist
- 5. A nephrologist
- 6. A surgeon
- 7. A dietitian (as needed)

Testing

After you meet with your Care Team, they will request additional medical tests to make sure you are ready for transplant.

Await Offer

Transplant



- The Readiness Visit is scheduled when you are expected to receive a transplant offer within the next year.
- Health issues that haven't been addressed, such as cancer screening and dental care, must be completed before transplantation. Your nurse coordinator will let you know what needs to be done.