Call your prenatal care provider if you have any questions about new or concerning symptoms.

**Prenatal Care Practice**

The first place to call if you need an appointment or have questions about your pregnancy and reproductive care.

**Open:** Weekdays. Call 24/7 if you have any questions about your obstetric care.

**Call the Office if You Have:**
- Noticed the baby is not moving as much as normal
- Depression or anxiety
- New urinary or pelvic pain
- Possible signs of labor
- Vaginal spotting
- Urinary or vaginal irritation
- Redness or swelling around wounds
- An incision that is not healing
- A temperature of 100.4F or higher

**OB Emergency Department**

Fast care for urgent pregnancy-related health conditions. Please call your provider’s office on the way to the OB ED.

**Open:** Always. Located on Labor & Delivery.

**Go here if you:**
- Think you are in labor
- Think your water broke
- Have warning signs of preeclampsia
  - Seizure
  - Severe headache
  - Extreme swelling in your face, leg, or arm
  - Fainting or dizziness
- Have sudden, heavy vaginal bleeding
- Have had a fall to make sure your baby is okay
- Have not felt the baby move
- Have severe belly or pelvic pain

**Emergency Room**

Fast care for life-threatening conditions, including a heart attack, blood clot, severe car accident, or stroke.

**Open:** Always.

**Go here if you:**
- Chest pain
- Broken bone
- Mental health crisis (repetitive thoughts of hurting yourself or the baby)
- Shortness of breath or difficulty breathing
- Difficulty seeing, trouble speaking, or your face is drooping to one side

This is a general guide. Cost, hours, and available treatment will vary.