

A physical therapist, Kristen, is shown from the waist up. She is wearing a light blue t-shirt, a grey zip-up hoodie, and a yellow safety harness with black straps. She is also wearing a light blue surgical mask and glasses. In her left hand, she holds a yellow and blue ball. A black strap with a silver ring is attached to the harness. A Lincoln Health ID badge is clipped to the harness, showing her name and title. The background is a blurred indoor setting with blue and white walls.

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LincolnHealth
MaineHealth

ANNUAL REPORT | 2022

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MESSAGE FROM OUR PRESIDENT

Hello Everyone:

With so much happening at LincolnHealth and in health care in general, it's difficult to pause, take a deep breath and celebrate the outstanding patient-centered work our care team routinely performs.

The annual report recaps some of the milestones we've achieved. It also offers information about program details and facility upgrades.

The report also pays tribute to our donors who show their appreciation of the LincolnHealth team by contributing to the annual appeal or a special project.

The new Wellness and Rehabilitation Center, located on the Miles campus high on the hill in the Van Winkle Building, is an example of a project where donors helped close a gap in the project's cost.

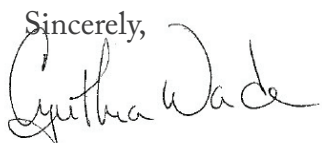
I am grateful for all of our donors in 2022, whose names are listed in this report as a small token of our appreciation.

As we look ahead to the coming years, healthcare as a whole will continue to be challenged by COVID's lingering effects. This includes a workforce and supply shortage; patients who have put off care, only to arrive much sicker than previously; and dramatically increased cost for necessary supplies and labor.

As these costs have skyrocketed, reimbursements for the services we provide have not. As a result, MaineHealth is currently projected to lose nearly \$40 million this year. It is clear that the way we've done business for many years has to adjust and innovate to allow us to meet our vision of making *our communities the healthiest in America*.

LincolnHealth, along with all local health systems in MaineHealth is looking at ways to lessen the projected losses this year and in Fiscal Year 2024. We are also analyzing opportunities to increase access to care and services that support our vision.

I recognize the magnitude of being entrusted with your care, and on behalf of all of us at LincolnHealth, I thank you for choosing LincolnHealth to meet your healthcare needs. We are proud of the high quality, personalized care we deliver, and we are committed to delivering positive health outcomes and improving the patient and resident experience.

Sincerely,

CYNTHIA WADE, RN, BSN, MHA
PRESIDENT, LINCOLNHEALTH

THE MAINEHEALTH SYSTEM

REGIONAL ENTITIES

MAINEHEALTH ACCOUNTABLE
CARE ORGANIZATION

MAINE BEHAVIORAL HEALTH

MAINEHEALTH CARE AT HOME

NORDX

FRANKLIN COMMUNITY
HEALTH NETWORK

MAINEGENERAL HEALTH*

COASTAL HEALTHCARE ALLIANCE
WALDO COUNTY GENERAL HOSPITAL
PEN BAY MEDICAL CENTER

LINCOLNHEALTH
MILES CAMPUS
ST. ANDREWS CAMPUS

ST. MARY'S HEALTH SYSTEM*

MID COAST-PARKVIEW HEALTH

WESTERN MAINE HEALTH

SPRING HARBOR HOSPITAL
(MAINE BEHAVIORAL HEALTHCARE)

NEW ENGLAND REHABILITATION
HOSPITAL OF PORTLAND*

MAINE MEDICAL CENTER

MEMORIAL HOSPITAL

SOUTHERN MAINE HEALTH CARE

SMHC MEDICAL CENTER – BIDDEFORD
SMHC MEDICAL CENTER – SANFORD

*AFFILIATES

The MaineHealth system reaches more than 1.1 million residents in central, southern and western Maine and eastern New Hampshire. MaineHealth organizations include Coastal Healthcare Alliance (Pen Bay Medical Center and Waldo County General Hospital), Franklin Community Health Network, LincolnHealth, Maine Behavioral Healthcare, Maine Medical Center, MaineHealth Care at Home, Memorial Hospital, Mid Coast-Parkview Health, NorDx, Southern Maine Health Care and Western Maine Health; the MaineHealth Accountable Care Organization is also part of the MaineHealth family. Affiliates of MaineHealth include MaineGeneral Health, New England Rehabilitation Hospital of Portland and St. Mary's Health System.

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COVER PHOTO: KRISTEN THIBODEAU, PHYSICAL THERAPIST, DEMONSTRATES THE NEW WEIGHT SUPPORT SYSTEM AT THE WELLNESS AND REHABILITATION CENTER. THIS SYSTEM ALLOWS A PATIENT TO WORK ON THEIR WALKING GAIT AND HIGHER LEVEL BALANCE ACTIVITIES, WITHOUT THE RISK OF FALLING.

WELLNESS AND REHABILITATION CENTER DREAM BECOMES A REALITY

For more than a decade, plans were discussed on how to move the Wellness and Rehabilitation Services out of cramped spaces on the hospital's third floor and to add state-of-the-art equipment for our patients and skilled therapists.

Funding was set aside to renovate the Webster Van Winkle Building on the Miles campus in Fiscal Year 2020 and the excitement for the project grew. Unfortunately, that positive energy evaporated some when COVID-19 arrived and stalled the project.

In August of 2022, the renovations officially began. By then, the cost of construction materials soared, leaving the budget for the project with a \$1.5 million deficit. Our community helped close that deficit with their generous donations and on January 20, the center officially greeted its first patients.

"We are so grateful to all of those who helped with this project," LincolnHealth President Cindy Wade said. "We've been very fortunate over the years to benefit from the support of our communities."

The flagship area of the facility is its performance center. It offers state-of-the-art equipment, plenty of open space, natural light and views of the Damariscotta River. The Center also features several private treatment rooms, a dedicated room for splinting and other areas for education and nutrition services. Services offered at the Center include speech/language, physical and occupational therapies, along with nutrition, lymphedema and diabetes services. Sports-related therapy is also available.

Patients who often have mobility issues when coming in for therapy also benefit from dedicated parking areas and a much shorter distance from their parking space to check-in.

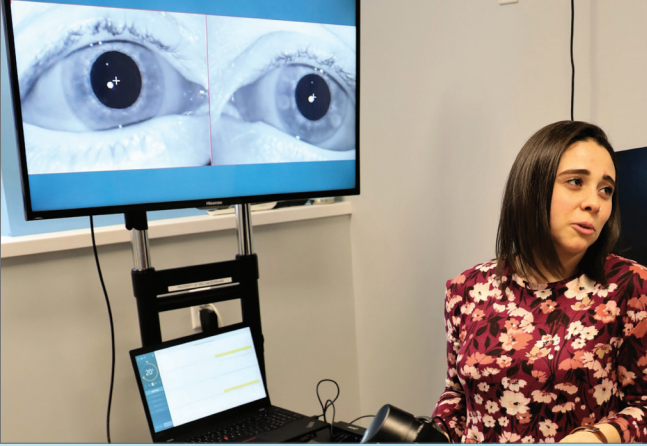
Director of Wellness and Rehabilitation Kelly Creamer shared said she's excited about the possibility of expanding patient care and creating a better patient experience with new equipment, convenient parking, comfortable surroundings and a highly skilled team of therapists and educators.

"This new center means so much to our team because it allows them to do more," Creamer said. "Our patients finally have plenty of space to meet their needs and access to great new equipment."

If you have questions about any of the services provided at the center, please call 207-563-4518.

Upper Right: Alexandra DeRosia, Physical Therapist, demonstrates new videonystagmography (VNG) equipment. The VNG goggles help to determine what is causing the dizziness to guide treatment decisions.

Bottom Right: A patient uses the Korebalance equipment. While it looks like a video game and can be fun, the system helps patients work on balance, improves dynamic stability and strength and identifies cognitive limitations. It is used with many physical therapy patients, from higher-level athletes and orthopedic patients to those with neurological disorders.



Occupational Therapist Susan Hilton demonstrates the Bioness Integrated Therapy System (BITS). BITS can be used to treat visual, cognitive, motor and balance issues. It is commonly used for patients with traumatic brain injuries, movement disorders and/or cognitive limitations.

HELPING PATIENTS NAVIGATE BREAST CANCER

LINCOLNHEALTH'S MAMMOGRAPHY TECHNICIANS HELP PATIENTS THROUGHOUT THE RECOVERY JOURNEY

While it takes many people years and even decades to realize their calling, Melissa Lewandowski found hers almost in an instant. The certified mammography technician and breast cancer navigator, remembers it as if it was yesterday.

“My mother was diagnosed with cancer and she was the rock of our family,” she said. “Mom had several surgeries, radiation and chemotherapy. One day when I was driving her home, my mother was getting sick and we had to pull over. I started crying so hard that I couldn’t see. My mom turned to me and said ‘It’s going to be OK.’ I knew then that I wanted to help people on their cancer care journey. Nineteen years and nine grandkids later, my mom is living a great life and I am so proud of her.”

LincolnHealth’s team of four certified mammography techs, including two Certified Breast Imaging Navigators, along with longtime cancer specialist Charles Mullen, MD, recognize a cancer diagnosis is traumatic and transformational for many, and the right approach to care helps with physical and emotional healing.

“Every patient interaction should be inspirational,” said Pamela Hepburn, Director of Diagnostic Imaging. “Our goal is to treat every patient like they are members of our family.”

LincolnHealth recognizes the importance of helping patients diagnosed with breast cancer to get the medical care they need during a very emotional time.

“We act as the central point of contact for the patient and assess any type of barrier to care that may exist,” said Kelley Brackley, one of LincolnHealth’s breast cancer navigators. “Fear and anxiety are barriers to care, and we help patients move through that. One of our main goals is to get our patients comfortable in asking questions. If something feels wrong, it should be pursued. They know their bodies better than anyone else.”

“

Every patient interaction should be inspirational. Our goal is to treat every patient like they are members of our family.

— Pamela Hepburn, Director of Diagnostic Imaging



Charles Mullen, MD (center) leads members of the LincolnHealth Diagnostic Imaging team to assist patients with a breast cancer diagnosis.

The team at LincolnHealth begins its work with breast cancer education, screening and diagnostic exams and when needed, working with cancer patients after the diagnosis and through survivorship.

“We look to eliminate the barriers, like childcare, transportation, financial challenges, spiritual and cultural barriers as well as other health conditions, like Alzheimer’s disease for example,” Brackley said.

While it can be overwhelming for patients diagnosed with breast cancer, team members suggest the way to temper the anxiety is to not get too far ahead of themselves.

“Fear of what’s coming next or the fear of mortality often prevents someone from getting the care they need and that’s tragic,” Brackley said. “I think it’s best for patients to concentrate on one specific part of the journey. Once they meet that goal, focus on the next.”

While the breast health navigators do their best to help patients understand their treatment plans and the drugs they are taking, they can feel lost and need help.

“Patients need to understand it’s OK to tell the doctors they don’t even know what questions to ask,” Lewandowski said. “We can help patients by listening to their concerns and fears so they can structure questions that get them the answers they need.”

“

We can help patients by listening to their concerns and fears so they can structure questions that get them the answers they need.

— Melissa Lewandowski

Along with navigators and physicians, your cancer care team often includes a social worker and behavioral health therapists to guide you along the journey. There's lots of information available to patients, and the team has put together a binder that keeps it all in one place to review when there's time.

“As you might expect, when first given the diagnosis, it goes in one ear and out the other,” Lewandowski said. “So we've put everything in writing.”

The LincolnHealth team offered a few tips for patients based on their experiences:

- » You are a unique individual and your breast cancer is unique to you
- » There are many different types of cancer
- » Be your own best advocate – this is difficult when you are fighting cancer, but always ask questions about your cancer and your care options
- » Filter other's advice — survivors of cancer tend to freely give advice. Don't be overwhelmed by this; take what you need and move along

Lewandowski's mom, Cindy, has made it a part of her mission to support cancer patients on their journey. She provides hand-knit caps for those undergoing chemotherapy treatment and knits 'comfort bags' and pillows for patients' after-surgery needs.

“She is super-compassionate and works really hard with our program,” Brackley said. “One of my most memorable and rewarding patients came back years later to see us, and she was wearing the hat Melissa's mom had knitted.”

If you have any questions about breast health or breast cancer care, please call the hospital at 563-1234 and ask for mammography.





Cindy Lewandowski (center), a breast cancer survivor, shows off some of the handmade bags she donates to the LincolnHealth mammography team to lift the spirits of patients with breast cancer. Pictured with her, from left, are her daughter, Melissa Lewandowski and Kelley Brackley, Certified Breast Imaging Navigators.



Team Pre Parade — Team members gathered before the parade rolled onward from the Louie Doe parking lot.



LEADING THE WAY AS DAMARISCOTTA TRADITION RETURNS

COVID-19's grip on Lincoln County loosened a bit in 2022, allowing the annual Pumpkinfest to return to Damariscotta. The committee chose to honor LincolnHealth by choosing it as the Grand Marshal of the parade. This paid tribute to our team's pivotal role in supporting the community so the parade could return.

The weather on October 8 could not have been more perfect for a parade. Under bright blue skies and rampant sunshine, LincolnHealth was near the front of the lineup of community organizations, cars, fire trucks and other parade participants.

Led by the energy of Wellness and Rehabilitation Director Kelly Creamer, the team made connections with friends, families and some co-workers who opted to watch from the sidewalk instead of marching with their colleagues.

Team members wore their scrubs or LincolnHealth T-shirts and carried signs to thank the community for their support during the COVID-19 pandemic.

We were proud to be chosen for this honor, and as has been said for the last three years, we could not have made it through the harshest times of the pandemic without the support of so many community members.



Parade Down Maine Street – Maine Street in Damariscotta overflowed as the annual Pumpkinfest Parade returned after a two-year hiatus, with LincolnHealth as its Grand Marshal.

MAINE TRACK PROGRAMS

PROVIDES SOON-TO-BE PHYSICIANS WITH EXPERIENCES IN RURAL HEALTHCARE SETTINGS

LincolnHealth continues to help shape the knowledge base of future physicians. In some cases, those students decide to return to Damariscotta to begin their medical careers.

LincolnHealth participates in a partnership between Tufts University School of Medicine and Maine Medical Center known as the Maine Track program. The immersive, longitudinal curriculum gives the students an opportunity to learn about healthcare delivery in a rural setting over the course of nine months.

Our providers work closely with the students who receive training in Obstetrics and Gynecology, Surgery, Family Medicine, Pediatrics, Psychiatry and Internal Medicine. When time permits, the students can pursue self-directed learning and explore other types of care offered at a rural facility, like emergency medicine, orthopedics and ophthalmology.

In 2022, Melanie Mait and Lucy Soule participated in the program. While students who participate in our program are typically ‘from away,’ this year we greeted two native Mainers.

Mait grew up in Ogunquit and majored in Biology at Bates College in Lewiston. She was an active member of the Bates Emergency Medical Service, the Women’s Lacrosse Team and she was a Teaching Assistant for the Biology Department.

Between semesters, Mait volunteered as an Emergency Medical Technician at the Ogunquit Fire Department. She also worked as a research assistant for the Adolescent Substance-use and Addiction Program (ASAP) at Boston Children’s Hospital.

In her free time, Melanie was a Child Life volunteer at the Floating Hospital for Children at Tufts Medical Center. Her patient experiences in Maine and Massachusetts have allowed her to gain insight into working with both rural and urban populations.

“It has been my goal to move back to Maine since graduating from Bates College. I chose the Maine Track because I wanted to learn through a community-based curriculum. By learning in the communities I will eventually be a doctor in, I will be better equipped to help with the specific issues that impact people in the area,” she said.

Soule was born at Maine Medical Center and grew up in nearby Freeport. She earned a Bachelor of Arts in Biology at Carleton College in Northfield, Minnesota, with a concentration in neuroscience. Lucy became fluent in Spanish while at college and spent a year teaching English in Madrid to first and second graders after graduation.

With medical school on the mind, Lucy moved back home to Maine and began working at Maine Medical Center as a Rehab Aide, where she met exceptional staff and many memorable patients. Lucy found great joy in being an active participant in a patient’s healing.

“I chose the Maine Track because I was drawn to the exceptional academics combined with the unwavering dedication to service in the community in which I grew up,” she said.

Melanie and Lucy remain at LincolnHealth and will complete the program in June.

This program has achieved its goals of mentoring physicians and giving them a feel for rural medicine. LincolnHealth has been fortunate to hire three students from the Maine Track program, including Valerie Donohue, MD, who came back to LincolnHealth in 2020 after training here. She provides primary care and obstetrics care as well. Oncologist Hillary Glick,

MD recently joined our team, helping to keep cancer care closer to home, and Sarah Scott, MD, who is a hospitalist at Miles Hospital.

Financial support of the Maine Track Program has continue to grow over the years through the generosity of community members. If you would like to learn more about the program or make a donation, please call 207-563-4085.



LincolnHealth President Cindy Wade (center) welcomed Medical Students Lucy Soule (left) and Melanie Mait (right) to LincolnHealth, while observing COVID-19 social distancing protocols.

NOTES

ACCESS TO CARE PROGRAM CELEBRATES 20TH YEAR

MaineHealth's long-held commitment to connect patients to helpful resources to improve their access to care as well as reduce costs for those in need was amplified in 2022. The Access to Care program celebrated its 20th anniversary of assisting patients across the state, including here at LincolnHealth. The programs include the Patient Assistance Line, CarePartners, the MedAccess program and more.

Team members also assist with enrollment in the Health Insurance Marketplace (ACA), Medicaid applications and prescription assistance. The results of Fiscal Year 2021 in Lincoln County were recently shared. More than 1,500 people were assisted in one way or another, increasing those who are covered by some level of insurance and improving access to low-cost medication.

Congratulations to our local Access to Care team members for a job well done!

ST. ANDREWS AUXILIARY EARNS GOVERNOR'S SERVICE AWARD

While not an "official" arm of LincolnHealth, we are fortunate to have the support of the St. Andrews Auxiliary and the Miles Memorial Hospital League. In 2022, the Maine Volunteer Commission, along with Governor Janet Mills selected the St. Andrews Auxiliary for the Governor's Service Award.

The 130-member all-volunteer Auxiliary has a long history of service to the community, with a strong focus on medical education, medical equipment donations and support of patients and residents on both the St. Andrews and Miles campuses.

The award is given to just one organization annually.

COMMUNITY PARTNERSHIP TARGETS PREVENTION OF OVERDOSE DEATHS

The LincolnHealth Miles Maternity Unit in Damariscotta is thrilled to partner with the Perinatal Quality Collaborative for Maine (PQC4ME) and Healthy Lincoln County to launch an innovative new project, designed to reduce the stigma associated with substance use disorder, as well as decrease the number of postpartum overdose deaths.

As part of this project, those having a baby at the hospital are offered a free take-home first-aid kit, prepared and provided by Healthy Lincoln County. The kit includes basic first aid supplies, mental health resources, information on local recovery resources and Naloxone (Narcan), a safe medication that reverses the effects of an opioid overdose. Acceptance of the kit is confidential and voluntary.

Throughout pre-natal and postpartum care, Lincoln Medical Partners' Women's Center and Miles Maternity Unit healthcare providers offer a safe space to talk with families about signs of overdose and how to safely administer naloxone. These conversations also emphasize that opioid overdoses can happen to anyone, including those taking prescription opioid pain relievers after childbirth or surgery, children who are accidentally poisoned by opioids or buprenorphine and those with substance use disorder.

LincolnHealth is proud to join this statewide effort to educate community members and dispense naloxone in the hope of preventing opioid overdose deaths.

NOTES

LINCOLN ACADEMY STUDENTS SHOW THEIR APPRECIATION

A group of students from Lincoln Academy visited several areas of the hospital to post handmade posters to thank our team members for all their contributions during the COVID-19 pandemic. The colorfully designed posters lifted the spirits of our care teams and were greatly appreciated.



Lincoln Academy students visited LincolnHealth to deliver posters to team members thanking them for their efforts during the pandemic



Boothbay V.E.T.S. received the 2022 Coulombe Center for Health Improvement Innovation Award. Pictured are (from left): Arthur Richardson (V.E.T.S.), Coulombe Center for Health Improvement Director Anni Pat McKenney, Togus Executive Director Jennifer Bover, and Ed Harmon, founder of V.E.T.S. Richardson is holding a certificate of appreciation presented that evening by the Veterans' Administration.

BOOTHBAY V.E.T.S. NAMED COULOMBE CENTER INNOVATION AWARD WINNER

Boothbay Harbor, Maine — An innovative programs to help veterans who are homeless was selected as the 2022 Coulombe Center for Health Improvement recipient. The award was presented at a small ceremony at Coastal Prime in Boothbay Harbor in June.

Boothbay Veteran's Emergency Temporary Shelters (V.E.T.S.), its president, Ed Harmon, and a handful of volunteers have been building small, portable trailers that are designed to provide temporary shelter for homeless veterans. The trailers can be used during all weather conditions. They are well-insulated and run on propane in the winter.

Five trailers are currently in use and several others have been built by volunteers using donated materials. The not-for-profit hopes to construct 100 units and distribute them both locally and across New England.

The project is made possible by fundraising and in-kind donations. Trailers are provided to veterans at no cost to them. Harmon told the story of a homeless veteran living for 100 days in the woods without shelter whom they were able to provide a temporary home.

"To him, this was heaven," he said.

A selection committee from LincolnHealth reviews all nominations before selecting a winner. There has been steady growth in the number of nominations since the award began in 2018.

To learn more about the Boothbay V.E.T.S. program, visit their website at <https://boothbayvets.weebly.com/>

AWARDS AND MILESTONES

ALONG WITH BEING CHOSEN TO LEAD THE DAMARISCOTTA PUMPKINFEST PARADE, LINCOLNHEALTH EARNED ITS SHARE OF RECOGNITION DURING 2022. THESE HONORS INCLUDED:

ST. ANDREWS VILLAGE EARNS NATIONAL QUALITY AWARD

St. Andrews Village Retirement Community was recognized in 2022 as a recipient of the Bronze — Commitment to Quality Award by the American Health Care Association and National Center for Assisted Living (AHCA/NCAL). The award recognizes its commitment to improving the lives of residents through quality care.

The distinction is the first of three progressive award levels through the AHCA/NCAL National Quality Award Program. The program, presented by the leading association in long term and post-acute care, honors providers across the country that have demonstrated their commitment to improving quality of care for our nation's seniors and people with disabilities. "This is an amazing honor and a testament to the talent and dedication of the Village's Gregory Wing team who unconditionally provide each resident and patient with personalized and positive care," Administrator Cheryl Wusterbarth said. "Not only are we especially proud because this was the first time we submitted for this significant award, but to receive it during this challenging time in our industry speaks volumes."

Cove's Edge Nursing Care and Skilled Rehabilitation on the Miles campus in Damariscotta campus has progressed to the Silver — Commitment to Quality distinction.

“

This is an amazing honor and a testament to the talent and dedication of the Village's Gregory Wing team who unconditionally provide each resident and patient with personalized and positive care...

— Administrator Cheryl Wusterbarth

CLC Y RECOGNIZES ANDREW RUSS, MD WITH SOCIAL RESPONSIBILITY AWARD

The Central Lincoln County YMCA presented Andrew Russ MD with its Social Responsibility Award at a ceremony on May 19.

The YMCA shared the following remarks:

“As the different COVID variants emerged in our community, Dr. Russ was ready to educate us on the latest information, give us guidance on how to handle masking, help us communicate to sick members of our community and advise on protocol to keep other members healthy. We had many phone calls, texts and emails with Dr. Russ. Many of these communications were well outside regular business hours, but each communication was handled in a timely and professional manner.

Dr. Russ was an integral part of the Y’s COVID education efforts. He and Dr. (Timothy) Fox were guests at a Q&A session about COVID-19 that LCTV filmed in partnership the Y. Dr. Russ was a guest speaker at many events including several Zooms with local educators.

We are so grateful to have Dr. Russ in our community, keeping us safe and educated. He demonstrates social responsibility at its finest.”

“

We are so grateful to have Dr. Russ in our community, keeping us safe and educated. He demonstrates social responsibility at its finest.

LINCOLNHEALTH PRESIDENT NAMED LINCOLN ACADEMY ALUMNUS OF THE YEAR

LincolnHealth President Cindy Wade was chosen by the Lincoln Academy Alumni Association as the 2022 Alumnus of the Year. The award has recognized alumni annually since 1960 for “a lifetime of significant accomplishments in the honoree’s profession and service to the larger community.” Cindy received the award on June 11 at Lincoln Academy.

Cindy has deeply planted roots in the community. Her level of volunteerism, her distinguished career and her leadership during COVID-19 have been well-noted.

“We are proud to claim Cindy Wade as an alumnus,” said Phil Page, President of the LA Alumni Council and graduate of the LA Class of 1970. “She has accomplished so much in her career.”

INCREASING ACCESS TO IMPORTANT IMAGING SERVICES

For many years, the ability to provide a patient with an unscheduled Magnetic Resonance Imaging study (MRI) depended on whether the technology was on campus.

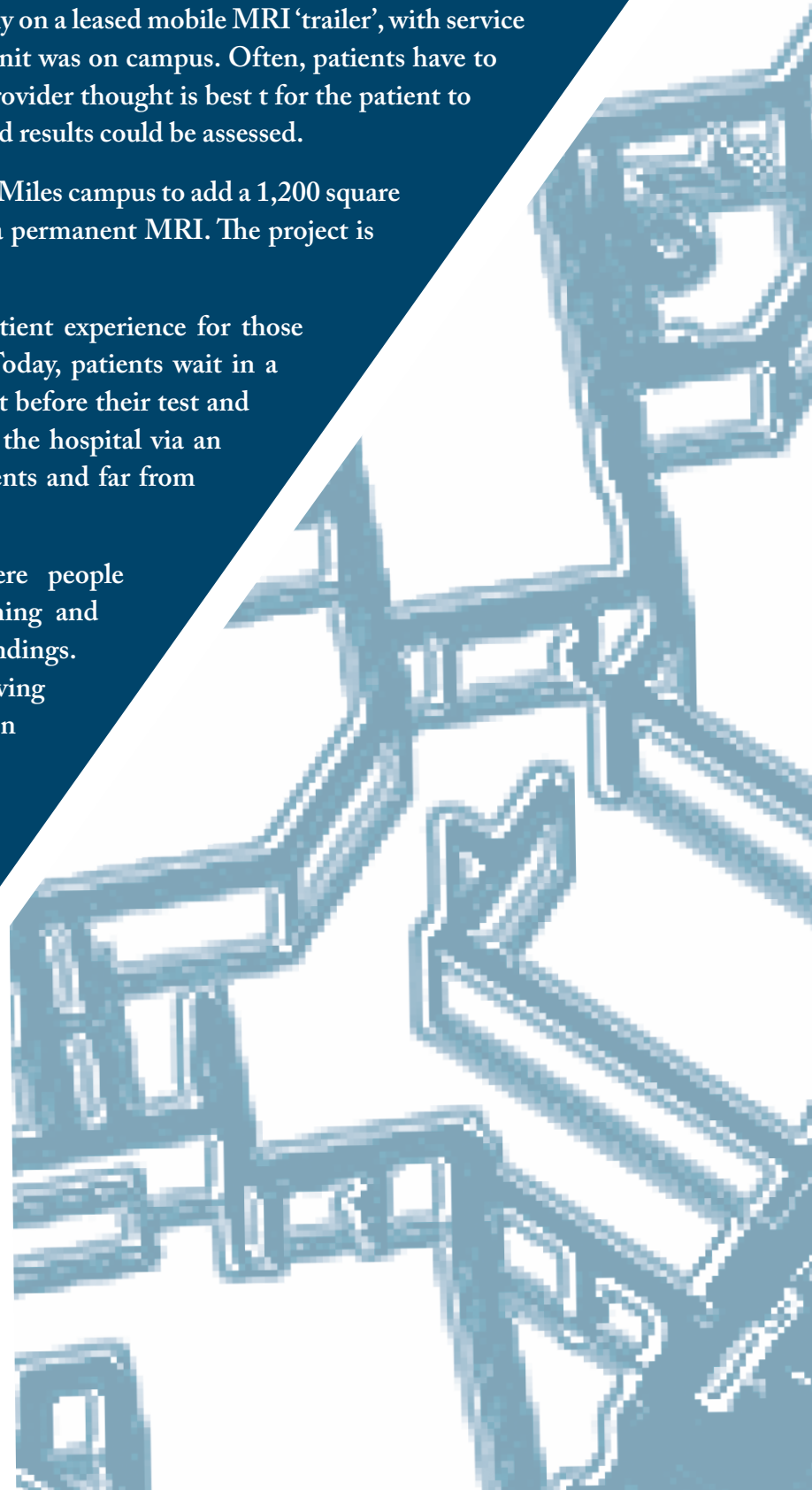
It is not uncommon for smaller hospitals to rely on a leased mobile MRI 'trailer', with service available dependent on what days the MRI unit was on campus. Often, patients have to stay overnight in the hospital because their provider thought is best t for the patient to be monitored until an MRI was conducted and results could be assessed.

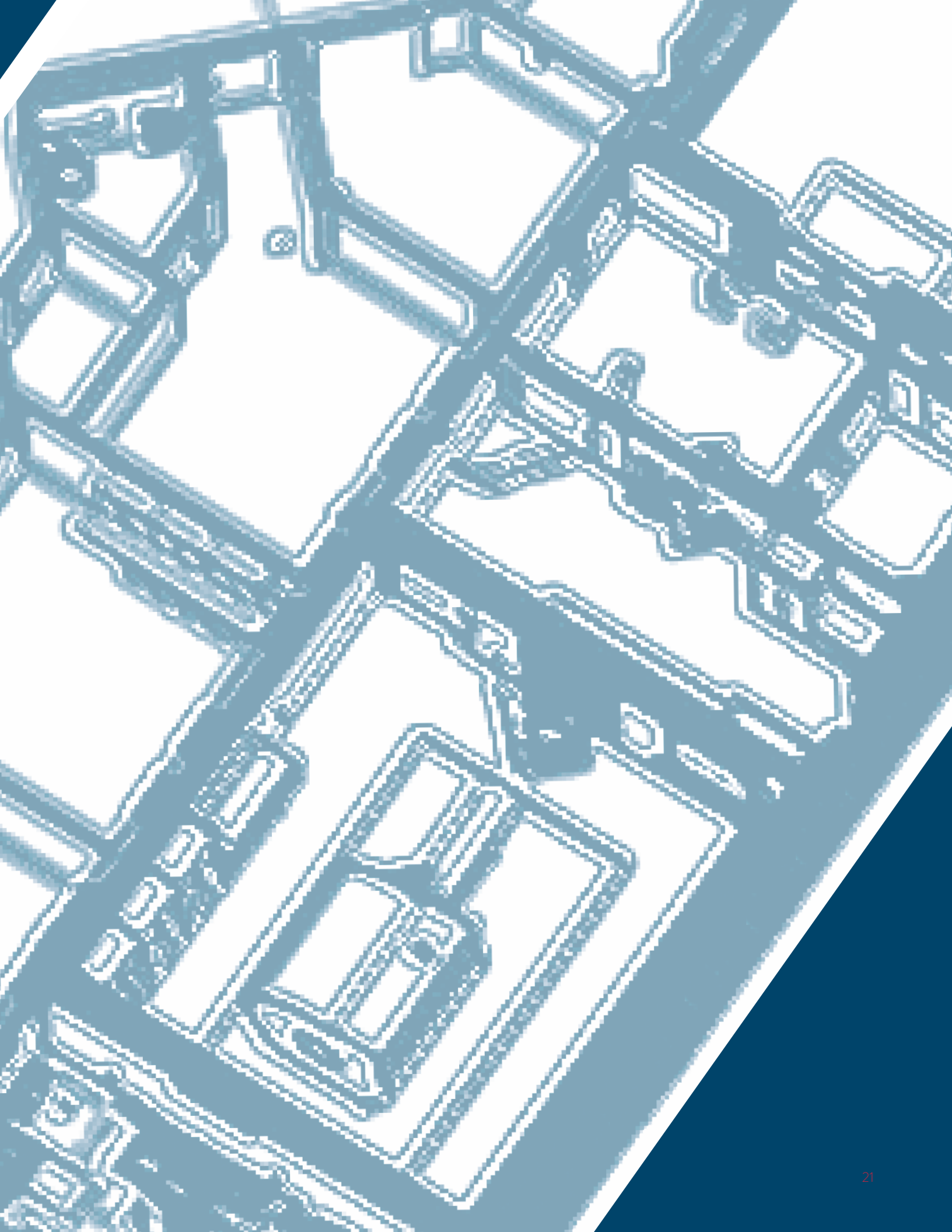
In August of 2022, construction began on the Miles campus to add a 1,200 square foot addition to the hospital that will house a permanent MRI. The project is expected to be completed in August 2023.

Along with additional access to care, the patient experience for those needing an MRI will be vastly improved. Today, patients wait in a hallway in the diagnostic imaging department before their test and have to enter the mobile MRI from outside the hospital via an electronic lift. They are exposed to the elements and far from comfortable.

The MRI addition will have rooms where people can prepare for the MRI, lockers for clothing and comfortable, climate-controlled surroundings. Services will be available every day, improving access and the ability to respond quickly. In addition, the MRI unit is wider, allowing more comfort for larger patients and those who are claustrophobic.

Fund-raising continues for this multi-million dollar project that will benefit our community for years to come. If you would like to learn more about this project or make a donation, please call the LincolnHealth Development office at 207-563-4570.





COMMUNITY BENEFIT SUMMARY

FISCAL YEAR 2021	
CHARITY CARE	\$624,576
BAD DEBT	\$2,860,259
UNPAID COST OF MEDICARE, MAINECARE	\$5,450,266
PROGRAMS AND SERVICES TO OUR COMMUNITY	\$12,182,999
TOTAL VALUE OF QUANTIFIABLE BENEFITS	\$21,118,100

ACCESS TO CARE FY 2021 LINCOLN COUNTY

MEDACCESS | CAREPARTNERS | COVERAGE TEAM



1,517

Total assisted through our programs



36

Assisted with the Health Insurance Marketplace
(Affordable Care Act)



\$2.72M

Reimbursements to LincolnHealth



249

Medicaid/ACA Applications Submitted



\$1.7M

IN MEDICATIONS RECEIVED THROUGH PRESCRIPTION ASSISTANCE PROGRAMS



435

PRESCRIPTION ASSISTANCE APPLICATIONS COMPLETED



163



MedAccess Enrollees Served



147



Individuals Served through CarePartners



496

People helped through the Patient Assistance Line

VISIT [MAINEHEALTH.ORG/HEATHY-COMMUNITIES/ACCESS-TO-CARE](https://www.mainehealth.org/healthy-communities/access-to-care)

FINANCIALS

FY2022

TOTAL FUNDS COLLECTED

Inpatient Service	\$	26,538,004
Outpatient, Emergency and Ancillary Services		119,471,034
Physician Services		32,318,941
Long-Term Care Services		19,892,171
Home Health Services		0
Other Operating Revenue		7,171,450
Free Care Provided to our Communities		(1,215,844)
Care Provided for Those Who Won't Pay		(5,658,234)
Discounts Required by Medicare, MaineCare and Insurance Companies		(66,827,884)

NET COLLECTIONS

\$ \$131,689,638

TOTAL FUNDS EXPENDED

Salaries and Benefits	\$	66,339,571
Supplies		12,821,293
Purchased Services and Professional Fees		35,160,520
Utilities, Maintenance and other Expenses		3,978,791
Interest		222,466
Depreciation and Amortization		5,559,939
State Taxes		2,317,263
Services Provided by LincolnHealth Group		5,142,306

TOTAL FUNDS EXPENDED

\$ \$131,542,149

Gain (Or Loss) From Operations

\$ \$147,489

NONOPERATING GAINS (EXPENSES)

Other Income (expenses)	\$	11,191
Unrestricted Gifts and Donations		7,657
Interest and Dividends		284,902
Recognized Gain in Fair Value of Investments		(481,522)

TOTAL NONOPERATING GAINS (EXPENSES)

\$ \$(177,772)

Excess (deficiency) of revenue over expenses

\$ \$(30,283)

Covid-19 Relief Funding Received	\$	\$6,090,071
<i>(Covid-19 relief payments will span multiple years)</i>		

STATISTICS

	FY2019	FY2020	FY2021	FY2022
LINCOLNHEALTH HOSPITAL				
Admissions (Including Newborn)	1,729	1,353	1,303	1,240
Patient Days (Including Newborn)	7,378	6,292	7,206	8,110
Average Length of Stay (Days)	4.27	4.65	5.53	6.47
Average Occupancy (%)	67.19%	57.30%	65.81%	74.06%
Emergency Visits	12,261	10,064	12,249	13,235
Operations (Inpatient Surgeries)	325	276	258	205
Operations (Outpatient Surgeries)	2,009	1,617	2,267	2,813
Diagnostic Imaging Outpatient Visits	21,934	18,383	21,929	22,710
Physical Therapy Outpatient Visits	16,095	11,300	15,406	15,805
Occupational Therapy Outpatient Visits	5,393	4,479	5,986	6,381
Speech Therapy Outpatient Visits	889	664	1,219	1,466
Cardiopulmonary Outpatient Visits	5,675	4,221	4,620	4,841
Laboratory Outpatient Visits	39,446	34,914	43,740	48,497
ST. ANDREWS VILLAGE				
Long Term Care (Days)	13,589	12,139	9,885	10,440
Residential Care (Days)	6,842	7,891	7,028	7,517
COVE'S EDGE				
Long Term Care (Days)	22,630	21,216	16,577	14,310
Residential Care (Days)	13,245	13,579	10,228	10,065

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(JANUARY 1, 2022 - DECEMBER 31, 2022)

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