



Ideas for Healthy Fundraisers



Fundraising for schools and programs is a great opportunity to reinforce healthy behaviors. Get creative and be different from the traditional bake sales and choose a healthy fundraiser!

Support Healthy Eating

- Sell cookbooks with healthy recipes submitted by families
- Sell healthy snacks made by youth afterschool
- Sell fruit and nut baskets
- Raffle off gift cards to local farmers' markets

Organize an Active Event

- Fun walks or runs
- Dance-a-thon
- Golf or tennis tournaments
- Car wash
- Staff-student competitions
- 30 day fitness challenges
- Fitness family night (dance, yoga, Zumba)

Non-Food Items to Sell

- Books
- Brick, stone, or tile memorials
- Bumper stickers, decals
- Calendars
- Candles
- Coffee cups, mugs
- Coupon books
- Customized stickers
- First Aid or emergency kits for vehicles
- Flowers, bulbs, plants
- Gift baskets
- Gift wrap, boxes, and bags
- Greeting cards, stationery
- Hats, scarves, gloves
- Holiday ornaments, wreaths
- House decorations
- Jewelry
- Magazine subscriptions
- Monogrammed items
- Pet treats, toys, and accessories
- Preferred parking space
- Sporting event tickets
- Temporary or henna tattoos
- T-shirts, sweatshirts