

Healthy Party Sign Up

WE'RE HAVING A PARTY TO CELEBRATE:

ON:

Please sign up for one of the choices below if you're able to contribute. There are options for food, drinks, paper goods, and non-food ideas!

Number of children/students:

Please bring the item you signed up for on:

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Fruit

Examples: fruit kabobs or salad, whole or cut fruit, dried fruit, etc.

Name:

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Vegetable

Examples: vegetable platter with dressing or hummus, vegetable kabobs, sliced vegetables

Name:

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Whole Grain

Examples: pretzels, whole grain crackers, baked pita, or whole grain tortilla chips

Name:

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Protein

Examples: yogurt, cottage cheese, string cheese, hummus, etc.

Name:

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Healthy Drinks

Examples: water, seltzer, water flavored with fruit, etc.

Name:

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Non-food Items

Examples: stickers, unsharpened pencils, temporary tattoos, glow sticks, etc.

Name:

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