

Gynecologic Oncology Guidelines for Referral to the MaineHealth Cancer Care Network

Original Date: 9-8-15 Review Date:

MaineHealth Gynecologic Work Group

All individuals with a diagnosis of a GYN malignancy should undergo consultation with a Gynecologic Oncologist for discussion of treatment options. Co-management or care by generalist Ob/Gyn, Radiation Oncologist, Medical Oncologist or other physician should be discussed and approved by Gyn Oncology and it is recommended that such discussion is documented.

# Referral Guidelines by tissue site diagnosis

- 1. Vulva Confirmed diagnosis of invasive carcinoma
- 2. Vagina- Confirmed diagnosis of invasive carcinoma
- 3. Cervix Confirmed diagnosis of invasive or microinvasive carcinoma
- 4. Endometrium Confirmed diagnosis of invasive carcinoma

Confirmed diagnosis of atypical hyperplasia (High predisposition for existing invasive carcinoma\*)

5. Ovary – Confirmed diagnosis of invasive carcinoma

Pelvic mass and/or high clinical suspicion for malignancy (Also see separate **Pelvic Mass Referral Guidelines**)

Referral of any patients that in the treating physician's discretion are in need of Gynecologic Oncology consultation is encouraged.

\*Trimble, C. L., Kauderer, J., Zaino, R., Silverberg, S., Lim, P. C., Burke, J. J., Alberts, D. and Curtin, J. (2006), Concurrent endometrial carcinoma in women with a biopsy diagnosis of atypical endometrial hyperplasia. Cancer, 106: 812–819. doi: 10.1002/cncr.21650

#### Pelvic Mass Referral Guidelines

#### Clinical tools for evaluation:

Physical Examination

Fixed or nodular pelvic mass

Symptoms concerning for malignancy

Imaging

Ultrasound to evaluate complexity

Presence of free fluid

Tumor markers

CA-125

AFP, HCG, LDH may be useful in premenopausal women with a suspicious mass

Use of other markers (HE4, OVA1) may be used but are not required

### **SGO and ACOG Referral Guidelines**

### Premenopausal Women (<50 years old)

CA-125 greater than 200 U/ml Ascites Abdominal or distant metastases Family history of breast or ovarian cancer in a first degree relative \*

## Postmenopausal Women (≥50 years old)

CA-125 greater than 35 U/ml Ascites Nodular or fixed pelvic mass Abdominal or distant metastases Family history for breast or ovarian cancer in a first degree relative \*

Referral of any patients that in the treating physician's discretion are in need of Gynecologic Oncology consultation is encouraged.

- 1. Dearking AC, Aletti GD, McGree ME, Weaver AL, Sommerfield MK, Cliby WA. How relevant are ACOG and SGO guidelines for referral of adnexal mass? Obstet Gynecol 2007;110:841-848
- 2. Im SS, Gordon AN, Buttin BM, Leath CA, Gostout BS, Shah C, Hatch KD, Wang J, Berman ML. Validation of referral guidelines for women with pelvic masses. Obstet Gunecol 2005;105:35-41

<sup>\*</sup>Not a strong correlation when the <u>only</u> criterion for referral. Use clinical judgement.