**MMC ED Delirium Prevention and Management Algorithm**

**Complete CAM on all patients age >18 with a nurse assigned**

- **Notify provider of clinical status**
- **CAM Positive?**
  - **Provider Interventions**
    - Place Delirium precaution order
    - Acknowledge positive CAM and initiate evaluation
    - Age >70, refer to “Geriatric Delirium in the ED” in EM Guidelines [emguidelines.org](http://emguidelines.org)
    - Medication review is high priority
    - Careful use of all medications
    - Consider pharmacy consult

- **CAM Negative Interventions**
  - **Implement CAM**
  - **Nursing Interventions (RN)**
    - Assess need for tethers (Foley, IV, Telemetry Leads)
    - Referral to the Hospital Elder Life Program (HELP) (admitted, age >70)
    - Monitor for Urinary Retention, Bladder Scan
    - Assess for Sensory Impairment & Provide Devices
    - Utilize Sleep Enhancement Guidelines
    - Monitor Bowel Status
  - **Hourly Rounding (RN/Tech)**
    - Orient frequently
    - Encourage mobility (Ambulate 3x/day if appropriate)
    - Up in chair for meals if appropriate
    - Toilet q 2hrs
    - Encourage hydration

**Nursing Interventions (RN)**
- Assess need for companion at bedside or tele-sitter
- Assess need for tethers (Foley, IV, Telemetry Leads)
- Consider Geriatric Nurse Specialist Consult (Age >70)
- Monitor Closely to Prevent Falls
- Monitor for Urinary Retention, Bladder Scan
- Assess for Sensory Impairment & Provide Devices
- Utilize Sleep Enhancement Guidelines
- Monitor Bowel Status

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**CAM Reference:**