

# Community Health Needs Assessment Implementation Plan

October 1, 2019 – September 30, 2021

Franklin Memorial
Hospital/Franklin
Community Health Network



MaineHealth/Affiliate Hospital: Franklin Memorial/FCHN revised 11-1-19

**County:** Greater Franklin County

**Health Priority:** Opioid Use Disorder

Goal of Health Priority: To prevent and treat opioid use disorder (OUD)

 $\triangle$  indicates strategies where MH will have measurement data

Strategies	Resources/Lead	Metrics/What are we measuring?	Partners/External Organizations	Year(s) of work
Strategy 1: Increase access to	Resources: MeHAF	# of providers in Franklin County	Maine Behavioral Healthcare	Years 1-3
Integrated Medication Assisted	Foundation funding	offering MAT services $ riangle$	(MBH), HealthReach Network	
Treatment (IMAT)	Lead: Healthy Communities		Clinic Providers, private	
	Coalition (HCC)/Maine	# of individuals receiving MAT	Providers, Groups Recover	
	Behavioral Healthcare (MBH)		Together, FH Practices	
Strategy 2: Review and establish	Lead: MBH	Guide and standardize suboxone	Franklin Memorial Hospital	Year 2
protocols for Rapid Access for		treatment in the ED	Emergency Department, MBH,	
Suboxone in the Emergency			Healthy Community Coalition	
Department			(HCC)	
Strategy 3: Office staff and Medical	Resources: MaineHealth,	# of office staff and MAs trained	FH office practices, HealthReach	Year 1
Assistant (MA) training on Opioids Use	MeHAF Foundation funding		clinics, private practices, HCC,	
Disorder and stigma	Lead: HCC		МВН	
Strategy 4: Implement Opioid Health	Resources: State funding	Opioid health home implemented	MBH, FMH	Year 2
Home for uninsured patients	Lead: MBH			
Strategy 5: Increase use of Substance	Resources: Franklin Health	% of pregnant women screened for	Franklin Health Practices, FMH	Year 1 and 2
Use Disorder (SUD) screening tools	Practices	risk of SUD (Year 1) $\triangle$	ED, HCC, MBH, MaineHealth	
		% patients in ED screened for risk		
		of SUD (Year 2)		
Strategy 6: Provide coordinated	Resources: MaineHealth	% of pregnant women with SUD	Franklin Women's Care, MBH,	Years 1-3
Perinatal Substance Use Disorder	Lead: HCC, Maternal/Child	receiving coordinated care locally	MaineHealth	
(SUD) care	Health	$\triangle$		
Strategy 7: Use harm reduction	Resources: Foundation	# of training provided on Naloxone	HCC, local law enforcement, first	Years 1-3
models of care delivery and treatment	funding,	for law enforcement, first	responders, NorthStar	
for those with active OUD	Lead: HCC and local law	responders, EMS		
	enforcement	# of Naloxone trainings for		
		community members		
Strategy 8: Increase recovery services	Resources: Foundation	# of Recovery Coaches trained	HCC, MeHAF	Years 1-3
	funding			
	Lead: HCC			
Strategy 9: Offer OUD prevention	Resources: Federal funding	# of students reached	Local coalitions, law	Years 1-3

education to increase awareness	Lead: HCC	# community groups receiving	enforcement, local school	
		education	systems, community	
			organizations, foundations	
Strategy 10: Decrease access to	Resources: Federal funding	# Drug Take Back events	Local coalition, law enforcement,	Year 1
prescription drugs among high school	Lead: HCC	Maine Integrated Youth Health	schools, healthcare providers	
students		Survey data		

<sup>\*</sup>MaineHealth System Quality Dashboard measure

MaineHealth/Affiliate Hospital: Franklin Memorial Hospital/FCHN

County: Franklin

Health Priority: Mental Health

Goal of Health Priority: To improve integration of mental and physical health to improve overall health

Strategies	Resources/Lead	Metrics/What are we measuring?	Partners/External Organizations	Year of Work (1-3)
Strategy 1: Collaborate with local adult education to develop workforce education programs for substance use counselors	Resources: Foundation funding Lead: Spruce Mt Adult Education	# of related courses offered  # of students taking classes  # trained counselors	Spruce Mt. Adult Education, FMH	Years 2,3
Strategy 2: Offer community-wide education regarding Adverse Childhood Experiences (ACE's)	Resources: Franklin County Children's Task Force (FCCTF) Lead: FCCTF	# of events where education is presented # of people receiving education	Franklin County Children's Task Force (FCCTF), MaineHealth	Years 2,3
Strategy 3: Screen patients 0-17 with 2 question trauma screening at well child visits	Lead: FMH pediatric practices, MaineHealth	# providers trained on ACEs % patients 0-17 with trauma screening at well child visit (System Quality Dashboard) △	Franklin pediatric practices, MaineHealth	Year 1-3
Strategy 4: Develop strategic plan to increase the flexibility of Intensive Outpatient Program (IOP) to meet clients' needs	Resources: State and Foundation funding Lead: MBH	# of programs offered # of participants	МВН	Years 2,3
Strategy 5: Explore potential for tele-psych capacity in Franklin County	Lead: MBH	Tele-psych feasibility study completed Tele-psych implemented if indicated	MBH, FMH, MaineHealth Telehealth	Year 2 Year 3
Strategy 6: Referral system for mental health resources and other social services	Lead: MaineHealth	Aunt Bertha resource platform populated with local mental health and social service resources- TBD	HCC, MaineHealth	Year 1-3

MaineHealth/Affiliate Hospital: Franklin Memorial Hospital

**County: Franklin County** 

**Health Priority:** Healthy Eating Active Living (HEAL) / Obesity Prevention

**Goal of Health Priority:** Decrease the prevalence of obesity

Strategies	Resources/Lead	Metrics/What are we measuring?	Partners/External Organizations	Year of Work (1-3)
<b>Strategy 1:</b> Increase access to fresh produce within the community	Resources: GSFB, Foundation Funding Lead: HCC	# of pounds distributed bi-weekly $\Delta$	HCC, Franklin Memorial Hospital, Good Shepherd Food Bank, local food pantries, SNAP-Ed	Year 1-3
Strategy 2: Increase pre- diabetes/diabetes screening in primary care practices and on the mobile health unit	Resources: Foundation funding, MaineHealth Lead: HCC, FMH	# of patients screened on the mobile health unit # of patients with HbA1c>9 (System Quality Dashboard)	HCC, Franklin primary care practices, MaineHealth	Year 1-3
Strategy 3: Increase access to diabetes prevention education	Resources: MH Lead: HCC and MH	# of National Diabetes Prevention Program (NDPP) classes offered △ # of participants in NDPP classes △ # participants completing NDDP △	HCC, Franklin Memorial Hospital, MaineHealth	Year 1-3
Strategy 4: Expand Let's Go! in school, child care, out of school and community sites	Resources: MH and Let's Go! Lead: HCC	# of established sites	FCHN, HealthReach	Year 1-3
Strategy 5: Expand Let's Go! Small Steps Adult Program	Resources: MH and Let's Go! Lead: HCC, FMH Primary Care	# of practices implementing Small Steps	FCHN, HealthReach	Year 2-3

<sup>\*</sup>MaineHealth System Quality Dashboard measure

MaineHealth/Affiliate Hospital: Franklin Memorial Hospital/FCHN

**County:** Greater Franklin County

**Health Priority:** Access

Goal of Health Priority: Improve access and availability of health related services

7/30/19

Strategies	Resources/Lead	Metrics/What are we measuring?	Partners/External Organizations	Year of Work (1-3)
Strategy 1: Expand the use of the Mobile Health Unit (MHU) for clinical services in rural isolated regions of Franklin County	Resources: Foundation funding Lead: HCC	# of MHU outings hosting a provider # of clients served	HCC	Years 1,2,3
Strategy 2: Increase the number of individuals who have an established relationship with a Primary Care Provider	Lead: HCC, HealthReach, FMH	# of individuals with a PCP	HealthReach, FMH	Year 1, 2, 3
Strategy 3: Review, analyze and respond to the barriers patients experience in developing a PCP relationship	FMH Operational Funds to HCC Lead: HCC, FMH	# of barriers identified  # strategies developed to address barriers  # of new PCP relationships	United Way of the Tri- Valley Area, Franklin County Children's Task Force, FMH, HCC	Year 2.3
Strategy 4: Establish Transportation workgroup to outline existing services and explore sustainable options to address lack of transportation	Lead: Franklin Resource Collaborative	# of existing services identified  # of ideas generated to aid with transportation barriers	Western Maine Transportation, Franklin Resource Collaborative	Year 1
Strategy 5: Host quarterly Community Conversations to update the community on progress of work on the strategies and to inform them of new and existing efforts.	FMH Operational Funds to HCC Lead: HCC	# of community meetings held  # of participants  # of topics discussed	FMH, HCC, HealthReach	Year 1,2

MaineHealth/Affiliate Hospital: Franklin Memorial Hospital

County: Franklin

Health Priority: Poverty (SDOH)

Goal of Health Priority: Reduce the impacts of poverty on community well-being

Strategies	Resources/Lead	Metrics/What are we measuring?	Partners/External Organizations	Year of Work (1- 3)
Strategy 1: Partner with community agencies to identify opportunities that will support economic development	Lead: FMH Operational support to HCC Lead: FMH, HCC	# of community agencies partnered with	HCC, MaineHealth, Population Health	Year 2
Strategy 2: Provide poverty/stigma/bias education on vulnerable populations to community	Resources: MeHAF funding Lead: HCC	# of community education sessions held  # of community members receiving education	Franklin Memorial Hospital, HCC, other social service agencies	Year 1-3
Strategy 3: Explore opportunities to partner with large employers in Franklin County to identify and address needs of low-wage employees	FMH Operational support to HCC Lead: FMH, HCC	Identify # of community businesses that would benefit from community support	Franklin Memorial Hospital, HCC, business community, town government, Population Health, UWTVA	Year 1-2
Strategy 4: Expand and evaluate provision of emergency food bags to all primary care practices	Resources: MaineHealth, GSFB, Foundation funding Lead: FMH, HCC	# of funding avenues identified # of emergency food bags distributed  \( \triangle \)	HCC, MaineHealth, Let's Go!, Good Shepherd Food Bank	Year 1
Strategy 5: Engage two additional practices in screening for food insecurity	Resources: MaineHealth Lead: FMH, HCC	# of practices screening for food insecurity $\triangle$	HCC, MaineHealth, Good Shepherd Food Bank, local food pantries	Year 1-3
Strategy 6: Increase # of patients screened for food insecurity	Resources: MaineHealth Lead: FMH, HCC	# of patients screened $\triangle$ % of patients screened $\triangle$	Franklin Memorial Family and Pediatric offices, MaineHealth, Good Shepherd Food Bank	Year 1-3

<sup>\*</sup>MaineHealth System Quality Dashboard measure

MaineHealth/Affiliate Hospital: Franklin Memorial

County: FRANKLIN

Health Priority: PRIORITIES NOT SELECTED

Goal of Health Priority: N/A

Priority:	Reason not chosen:
Intentional Injury	Only 8% of individuals participating in the CHNA process identified this as a priority, it has been tabled for now. Suicide prevention efforts are currently underway in some local school districts, especially those recently impacted by a youth suicide. HCC has initiatives focused on youth mental health support and prevention.
Healthy Aging	Just 7% of those who participated in the CHNA process identified Healthy Aging as a top priority. HCC, in collaboration with MaineHealth has established the Matter of Balance program. Health cooking classes and fresh produce deliveries are offered at senior housing complexes.