

# ACEs

## Adverse Childhood Experiences/Trauma

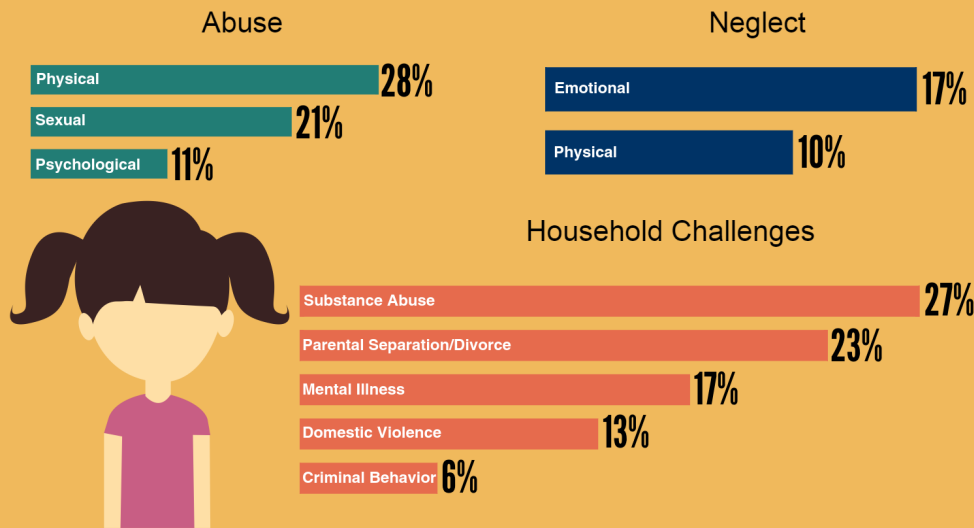


- 1 One in four children in Maine experience two or more adverse childhood experiences.
- 2 Over 60% of children are exposed to violence in the US.
- 3 Seeing, hearing or directly experiencing violence is harmful to children.
- 4 Several evidence-based trauma treatments are proven to be highly successful in reducing the negative effects of trauma. These treatments are available in our community.

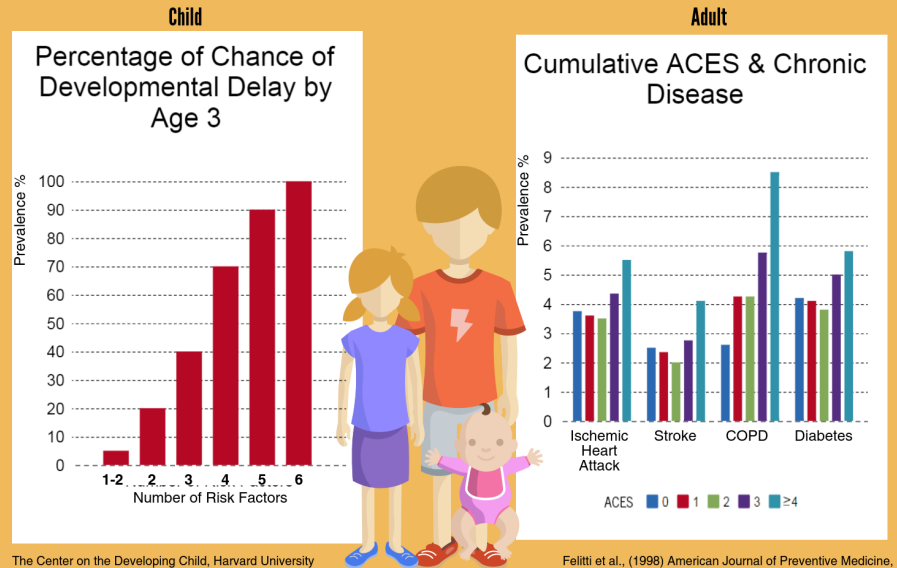
## STATISTICS

### ACEs are Common

Prevalence of ACEs by category for Adverse Childhood Experiences Study n=17,337



ACEs Effect Patients Throughout the Life Span

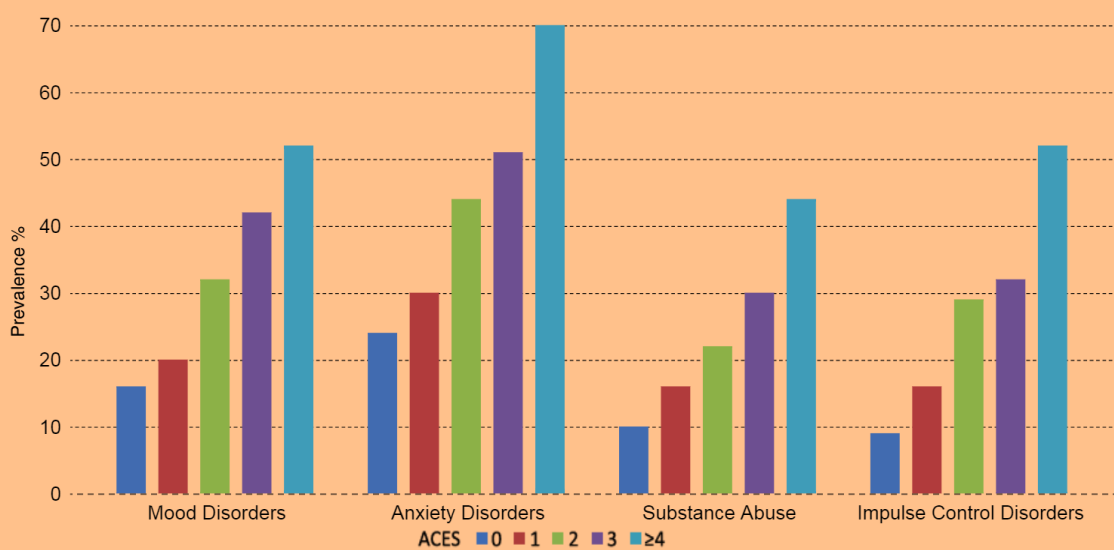


Data from The Adverse Childhood Experiences (ACE) Study, Relationship of Childhood Abuse and Household Dysfunction to Many of the Leading Causes of Death in Adults, Felitti, Anda.

The Center on the Developing Child, Harvard University

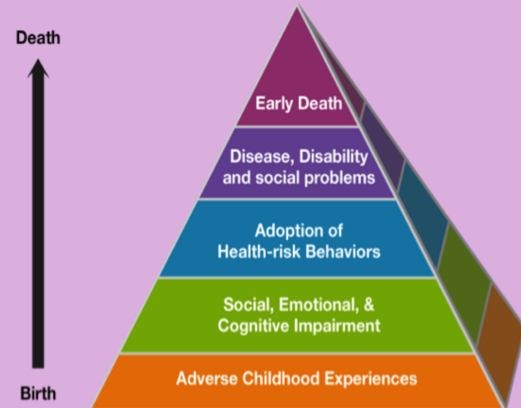
Felitti et al., (1998) American Journal of Preventive Medicine, 14:245-258.

## CUMULATIVE ACEs & MENTAL HEALTH<sup>1,2</sup>



<sup>1</sup> Data from the National Comorbidity Survey-Replication Sample (NCS-R).  
<sup>2</sup> Putnam, Harris, Puntam, J Traumatic Stress, 26:435-442, 2013.

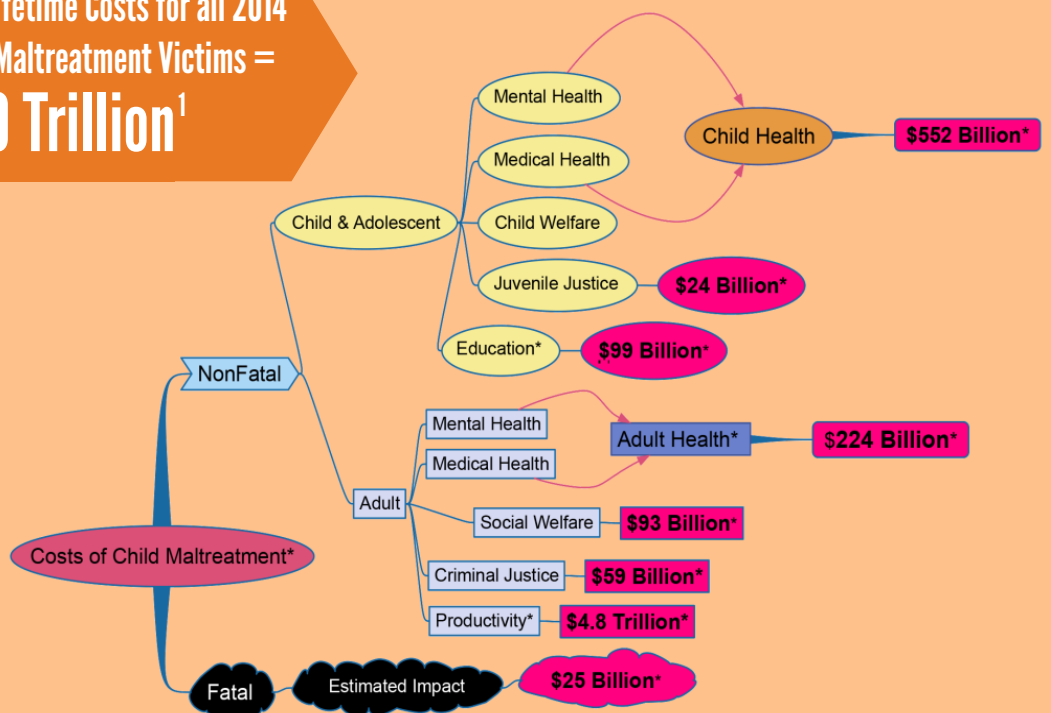
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1. Exposure to ACEs is a significant long and short-term driver of high medical costs and poor health outcomes.
  2. Adverse experiences can impact a child's developing brain and affect health and well-being long-term.
  3. Common symptoms of trauma include: developmental delays or regression, anxiety, depression, behavioral concerns, inattention, sleep issue or unexplained physical complaints. This can result in negative long term health and developmental impacts.
- Adapted from Felitti, Anda, et al. (1998)

## THE IMPACT

Estimated Lifetime Costs for all 2014 First Time Maltreatment Victims = **\$5.9 Trillion<sup>1</sup>**



<sup>1</sup> Suffer the Little Children: An Assessment of the Economic Costs of Child Maltreatment The Perryman Group, Nov, 2014: <http://perryman.com/specialreports/child-abuse-study>

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FOR MORE INFORMATION ON ACEs VISIT

[www.mainehealth.org/aces](http://www.mainehealth.org/aces)

WHAT IS THE COST TO DO NOTHING?