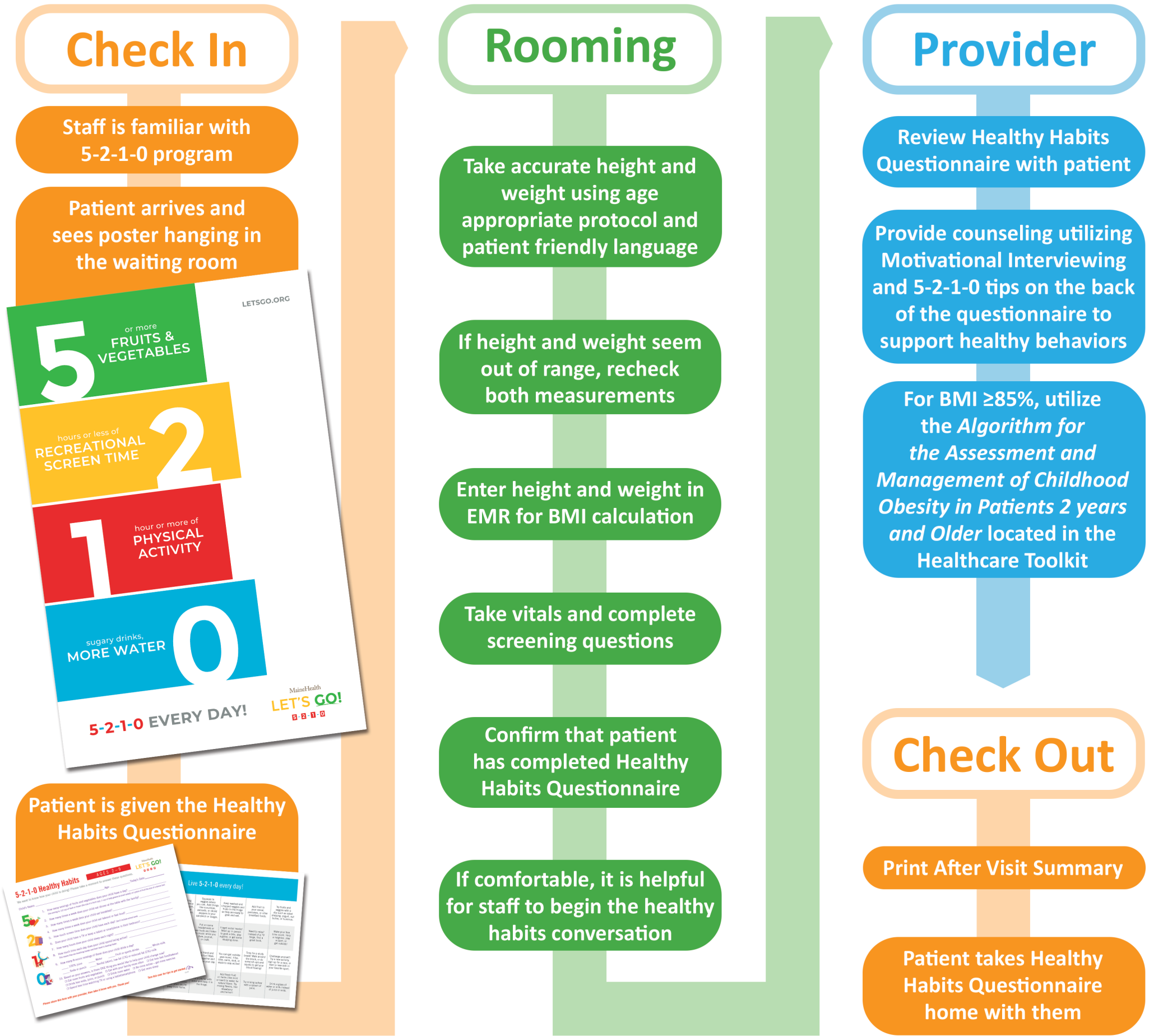


5-2-1-0 Let's Go! Office Workflow for Well Child Visits

Goals:

- 1. Introduce patients and families to the 5-2-1-0 Let's Go! healthy eating and active living message by hanging posters in the waiting room and all exam rooms
- 2. Measure height, weight, and BMI
- 3. Utilize the Healthy Habits Questionnaire to start a respectful conversation with patients and families about healthy eating and active living



All Staff:

- Acknowledge that overweight and obesity are difficult issues to address for both staff and patients
- Agree to role model healthy habits by integrating them into the work environment
- Assess the practice to ensure a safe, accepting, and suitable environment for providing care to patients with overweight and obesity

Front Office

Medical Assistant

Provider