# Implementation Plan for Community Health Needs Assessment 2022-2024

## MaineHealth Hospital

### County:
Oxford

### Health Priority:
Mental Health

### Goal of Health Priority:
To improve access and integration of mental and physical health to improve overall health outcomes for youth and adults

<table>
<thead>
<tr>
<th>Strategies</th>
<th>Metrics/What are we measuring?</th>
<th>Partners/External Organizations</th>
<th>Year of Work (1-3)</th>
</tr>
</thead>
</table>
| **Strategy 1:** Define and evaluate “access to mental health care” in the primary care setting. (Access) | • Define what we mean when we say improve access to mental health care  
• Determine best metrics to measure impact | WM Primary Care, WM Pediatrics, Maine Behavioral Healthcare, Center for Interdisciplinary Population Health Research, Maine Health Center for Health Improvement | 1                 |
| **Strategy 2:** Implement a Collaborative Care Model for patients in primary care. (Access) | • Metrics to be determined (see Strategy 1) | WM Primary Care, WM Pediatrics, Maine Behavioral Healthcare, Maine Medical Center | 1-3               |
| **Strategy 3:** In collaboration with Western Foothills Land Trust, implement programs to connect staff and community members to nature and the outdoors. | • # of programs  
• # of people engaged | Stephens Memorial Hospital, Western Foothills Land Trust, Healthy Oxford Hills | 1-3               |
### Implementation Plan for Community Health Needs Assessment 2022-2024

**MaineHealth Hospital:** Western Maine Health  
**County:** Oxford  
**Health Priority:** Substance Use Disorder  
**Goal of Health Priority:** To prevent substance and tobacco use and improve health outcomes and recovery

<table>
<thead>
<tr>
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<tbody>
<tr>
<td><strong>Strategy 1:</strong> Integrate expanded Substance Use Disorder hub model into existing Integrated Medication-Assisted Therapy program. (Access)</td>
<td>• # of patients engaged</td>
<td>WM Primary Care, Maine Behavioral Healthcare, Center for Interdisciplinary Population Health Research</td>
<td>1-3</td>
</tr>
</tbody>
</table>
| **Strategy 2:** Engage community stakeholders to assess the unique needs of our patients who inject drugs with a focus on harm reduction. | • # of stakeholders engaged  
• List of harm reduction priorities | WM Primary Care, Center for Interdisciplinary Population Health Research, Healthy Oxford Hills, Western Maine Addiction Recovery Initiative | 1 |
| **Strategy 3:** Implement harm reduction strategies identified in Strategy 2. | • TBD based on strategy 2 | WM Primary Care, Center for Interdisciplinary Population Health Research, Healthy Oxford Hills, Western Maine Addiction Recovery Initiative | 2-3 |
| **Strategy 4:** Continue to implement Maine Prevention Services Substance Use Prevention Program | • # of students engaged  
• # of community education programs offered | Healthy Oxford Hills, Oxford County School Districts | 1-3 |
# Implementation Plan for Community Health Needs Assessment 2022-2024

**MaineHealth Hospital:** Western Maine Health  
**County:** Oxford  
**Health Priority:** Social Determinants of Health  
**Goal of Health Priority:** Reduce the burden of SDOH to improve people’s health and wellbeing

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<tr>
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</table>
| **Strategy 1:** Reduce food insecurity for patients and community members by operating the Food Pantry at Stephens Memorial Hospital | • # of patients participating  
• # of staff participating  
• # of community members participating  
• Quantity of food distributed | Maine Health, Good Shepherd Food Bank, Food Pantry at Stephens | 1-3 |
| **Strategy 2:** Implement the Adverse Childhood Experiences/Community Resilience Education Project (Mental Health) to increase community awareness of ACEs (something like this) | • # of community members engaged | Oxford County Wellness Collaborative, Center for Interdisciplinary Population Health Research | 1 |
| **Strategy 3:** Implement Diaper Insecurity Screening in Pediatrics and diaper distribution | • # of families screened positive  
• Quantity of diapers distributed | Maine Health, WM Pediatrics, Food Pantry at Stephens | 1-3 |
| **Strategy 4:** Promote “Find Help” to connect care team members and community to social needs resources. | • # of connections  
• # of searches | Healthy Oxford Hills, WM Primary Care, Maine Health findhelp | 1-3 |
### Implementation Plan for Community Health Needs Assessment 2022-2024

**MaineHealth Hospital:** Western Maine Health  
**County:** Oxford  
**Health Priority:** Nutrition/Physical Activity  
**Goal of Health Priority:** To decrease prevalence of obesity and the impact of related chronic conditions

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<th>Year of Work (1-3)</th>
</tr>
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<tbody>
<tr>
<td><strong>Strategy 1:</strong> Implement the USDA SNAP Nutrition Education program</td>
<td>• # of students engaged</td>
<td>Healthy Oxford Hills, Oxford County School Districts</td>
<td>1-3</td>
</tr>
<tr>
<td><strong>Strategy 2:</strong> Implement the Let’s Go! obesity prevention program</td>
<td>• # of Early Childhood Education Sites engaged</td>
<td>Healthy Oxford Hills, Oxford County School Districts</td>
<td>1-3</td>
</tr>
<tr>
<td><strong>Strategy 3:</strong> Implement the Growing Healthy Kids physical activity/nutrition program at Roberts Farm Preserve for students in SAD17</td>
<td>• # of students engaged</td>
<td>Healthy Oxford Hills, New Balance Foundation, SAD17 School District, Western Foothills Land Trust</td>
<td>1-3</td>
</tr>
</tbody>
</table>
| **Strategy 4:** Bright Bodies healthy lifestyle family-based obesity intervention for children 8-12 year olds | • # of families engaged  
• Average change in BMI                                                                 | WM Pediatrics, WM Primary Care, WM Physical Rehab, Center for Interdisciplinary Population Health Research | 1-2               |
| **Strategy 5:** Increase # of patients referred and enrolled in the National Diabetes Prevention Program (NDPP) | • Percentage of patients who are referred and enrolled in NDPP Program                     | Maine Health NDPP, WH Primary Care                                                              | 1-3               |
Implementation Plan for Community Health Needs Assessment 2022-2024

MaineHealth Hospital: Western Maine Health

County: Oxford

Health Priority: PRIORITIES NOT SELECTED

Goal of Health Priority: N/A

<table>
<thead>
<tr>
<th>Priority</th>
<th>Reason not chosen</th>
</tr>
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<tbody>
<tr>
<td>Access to Care</td>
<td>The focus of the concern around Access to care was primarily around Mental Health and Substance Use Disorder. We addressed that under those priorities.</td>
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</table>