Community Health Implementation Plan

October 1, 2022 - September 30, 2024

MidCoast Hospital

Mid Coast–Parkview Health
MaineHealth
### Implementation Plan for Community Health Needs Assessment 2022-2024

**MaineHealth Hospital:** Mid Coast Hospital  
**County:** Sagadahoc/Northern Cumberland  
**Health Priority:** Mental Health  
**Goal of Health Priority:** To increase detection of mental health conditions & use of formal and informal mental health resources

<table>
<thead>
<tr>
<th>Strategies for:</th>
<th>Metrics/What are we measuring?</th>
<th>Partners/External Organizations</th>
<th>Year of Work (1-3)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Strategy 1:</strong> Participate in and support community workgroups &amp; initiatives addressing mental health</td>
<td>• # mental health workgroups meetings</td>
<td>Mid Coast Community Alliance, schools, Community Mental Health Taskforce</td>
<td>1-3</td>
</tr>
</tbody>
</table>
| **Strategy 2:** Meet SAMHSA Mental Health Awareness training and awareness grant goals | • # trainings  
• # referrals to mental health resources  
• # awareness campaigns | NAMI Maine  
Local schools  
Maine Fishermen’s Association  
Bridge to Belong | 1-3 |
| **Strategy 3:** Increase local mental health resources listed in FindHelp and 211, and increase community and provider use | • # resources  
• # searches | All mental health community partners | 2-3 |
| **Strategy 4:** Healthy Aging: Provide Community Health & Wellness programs for seniors to decrease social isolation | • # programs offered | Bath Area YMCA  
Community Health & Wellness  
People Plus | 1-3 |
## Implementation Plan for Community Health Needs Assessment 2022-2024

**MaineHealth Hospital:** Mid Coast Hospital  
**County:** Sagadahoc/Northern Cumberland  
**Health Priority:** Social Determinants of Health & Adverse Childhood Experiences  
**Goal of Health Priority:** To improve the conditions in which people are born, grow, live, work and age & reduce the burden of SDOH & ACEs

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| **Strategy 1:** Implement Diversity, Equity and Inclusion plan to improve quality of care | • DEI plan adopted  
• # strategies implemented  
• # patients whose demographics are complete & correct in EPIC | DEI internal committee, DEI Department | 1-3 |
| **Strategy 2:** Increase # of social determinant & ACEs screenings & referrals, beginning with food security | • # screenings completed  
• # referrals made to FindHelp  
• # resources listed in FindHelp | Mid Coast Hunger Prevention Program; Bath Area Food Bank, other food resources, MaineHealth Medical Group | 1-3 |
| **Strategy 3:** Increase the number of emergency shelter beds available in our service area by supporting Tedford Housing’s expansion | • # beds available  
• # initiatives supported (fundraisers, meetings, letters of support, etc) | Tedford Housing  
Southern Midcoast Housing Collaborative  
Other social service resources | 1-2 |
| **Strategy 4:** Healthy Start: Identify recovery housing options for Maternal Opioid Misuse patients | • Plan created, presented to Board | Southern Midcoast Housing Collaborative; Brunswick Housing Authority | 1-3 |
| **Strategy 5:** Healthy Aging & Healthy Start: Support community initiatives addressing SDOH and ACEs | • # initiatives supported (funding, event participation, boards joined) | Harpswell Aging at Home, Age Friendly Communities of the Lower Kennebec, People Plus  
Midcoast Community Action Program, Bath Area YMCA  
United Way of Midcoast Maine, MaineHealth ACEs program | 1-3 |
| **Strategy 6:** Healthy Aging: Facilitate community conversations regarding planning for life transitions | • # events hosted or attended  
• # provider conversations (EPIC, Age Friendly Dashboard) | MaineHealth Healthy Aging, MaineHealth providers, People Plus | 3 |
### Implementation Plan for Community Health Needs Assessment 2022-2024

**MaineHealth Hospital:** Mid Coast Hospital  
**County:** Sagadahoc/Northern Cumberland  
**Health Priority:** Substance Misuse, including Alcohol & Tobacco  
**Goal of Health Priority:** To prevent substance, alcohol and tobacco misuse and improve health outcomes and recovery

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<tr>
<td><strong>Strategy 1:</strong> Meet annual Maine Tobacco Prevention grant targets (increase smoke free policies &amp; environments)</td>
<td>• # tobacco policies passed, # community organizations supported, Youth nicotine use rate</td>
<td>Local schools, retailers, community agencies, state prevention grant</td>
<td>1-3</td>
</tr>
</tbody>
</table>
| **Strategy 2:** Increase # providers screening for tobacco, alcohol and substance use & connecting to resources | • # SBIRT provider trainings completed  
• # SBIRT & tobacco screenings completed | Providers, Mid Coast Addiction Resource Center, Maine Center for Tobacco Intervention Maine Behavioral Healthcare | 3 |
| **Strategy 3:** Support community coalition led efforts to prevent and decrease youth substance use and reduce stigma | • # coalition meetings hosted  
• # initiatives supported/led | Southern Midcoast Communities for Prevention Coalition, state and federal grants | 1-3 |
| **Strategy 4:** Healthy Start: Meet Maternal Opioid Misuse grant goals | • # patients enrolled | State grant/partners, , Mid Coast Addiction Resource Center | 1-3 |
| **Strategy 5:** Healthy Aging: Continue medication safety and disposal outreach | • Pounds of medication collected  
• # medication provider conversations (EPIC, Age Friendly Dashboard) | Local law enforcement, People Plus, providers, MH Healthy Aging program | 1-3 |
# Implementation Plan for Community Health Needs Assessment 2022-2024

**MaineHealth Hospital:** Mid Coast Hospital  
**County:** Sagadahoc/Northern Cumberland  
**Health Priority:** Access to Care  
**Goal of Health Priority:** To improve access, reduce barriers and decrease health inequities

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</table>
| **Strategy 1:** Implement Diversity, Equity and Inclusion plan to improve access to care | • Plan created  
• # strategies implemented | DEI local committee, DEI Department, New Mainer/Immigrant community support collaboratives | 1-3 |
| **Strategy 2:** Dental – advocate for policies to increase access to dental services, especially for those noninsured or MaineCare covered | • # Dental access to care initiatives supported | Oasis Free Health Clinics, Jessie Albert, MaineHealth Government Affairs, Local schools | 2-3 |
| **Strategy 3:** Healthcare – Develop warm handoffs within the system and community based organizations to explore coverage options & connect to primary care | • # patients assisted  
• # Primary Care Patient Panel | Oasis, Schools, Primary Care providers, Access to Care teams | 1-3 |
| **Strategy 4:** Mental Health – support initiatives to increase access to behavioral health beds & intensive community services (i.e. ACT and medication management) to decrease # behavioral health boarding days in ED. | • # behavioral health boarding days  
• # access initiatives supported | MaineHealth Government Affairs Sr Leadership; MaineHealth Access to Care, ACT Team & Maine Behavioral Health | 1-3 |
| **Strategy 5:** Increase awareness of patient support available, including integrated behavioral health, Access to Care Teams, Assertive Community Team (ACT) | • # Meetings with Access to Care Team  
• # integrated providers  
• # patients assisted | MaineHealth Access to Care, ACT Team & Maine Behavioral Health | 1-3 |