



Community Health Implementation Plan

October 1, 2022 -
September 30, 2024

Memorial Hospital



Memorial Hospital
MaineHealth

Implementation Plan for Community Health Needs Assessment 2022-2024

MaineHealth LHS: Memorial Hospital

County: Carroll County NH

Health Priority: Social Determinants of Health (SDOH)

Goal of Health Priority: To improve the conditions in which people are born, grow, live, work and age

Strategies	Metrics/What are we measuring?	Partners/External Organizations	Year of Work (1-3)
Strategy 1: Increase awareness and services to reduce Food Insecurity	<ul style="list-style-type: none"> • % of patients screened for Food insecurity in Primary Care • Number of food bag distributed in Primary Care • Identify available food pantries, free/reduced cost meals, and other resources available to community 	Memorial Hospital, NH Cooperative Extension, Carroll County Coalition for Public Health, MaineHealth	1- 3
Strategy 2: Improve utilization and awareness of community resources	<ul style="list-style-type: none"> • Number of resources added to findhelp • Support for providers, community in accessing resources 	Memorial Hospital, MaineHealth Community Health Improvement, Community Partners, findhelp, EPIC	1- 3
Strategy 3: Support implementation of Care Coordination Model at White Mountain Community Health Center	<ul style="list-style-type: none"> • Number of patients screened for SDOH using standardized screener • Number of follow up referrals by team consisting of RN, Social Worker and Community Health Worker 	White Mountain Community Health Center	2-3
Strategy 4: Improve transportation options working with Regional Coordinating Council (RCC)	<ul style="list-style-type: none"> • Work with State Mobility Manager to develop plan for regional transportation opportunities • Define strategies to share information with staff, providers and managers 	Community Health Collaborative, Support Tri County Cap	2-3
Strategy 5: Support community efforts to address housing needs in region	<ul style="list-style-type: none"> • Housing resources available 	MWV Housing Coalition, MWV Supports Recovery, Age Friendly Community	2-3

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Health Priority: Access to Care

Goal of Health Priority: To improve access, reduce barriers and decrease health inequities for all people

Strategies	Metrics/What are we measuring?	Partners/External Organizations	Year of Work (1-3)
Strategy 1: Increase awareness of community resources and services	<ul style="list-style-type: none"> Increase resources findhelp 	Memorial Hospital, MaineHealth, Community Health Collaborative, findhelp	1- 3
Strategy 2: Increase access to Behavioral Health services	<ul style="list-style-type: none"> Addition of Behavioral Health Provider in Primary Care Increased telehealth accessibility working with Dartmouth Health System in addition to Northern Human Services 	Memorial Hospital Primary Care, Memorial Emergency Dept	2-3
Strategy 3: Develop model and workflow for all pediatric screening, education and support using electronic application	<ul style="list-style-type: none"> Develop model for all pediatric screenings questionnaire to be completed prior to Well Child visit maximizing use of provider time with patients Pediatrician working with Innovation Blender, and staff to create model Provide parent education along with screening 	Primary Care Pediatrics, MaineHealth, Innovation Blender, Children Unlimited	2-3
Strategy 4: Increase access to wellness and lifestyle activity opportunities using virtual options (i.e. NDPP, AMOB, LivingWell, Alzheimer's Association, REACH)	<ul style="list-style-type: none"> Number of programs available virtually Number of patients/community members participating 	Memorial Hospital, MaineHealth, Age Friendly Community, MWV Dementia Capable Grant	1-2
Strategy 5: Increase referrals and participation In National Diabetes Prevention Program (NDPP)	<ul style="list-style-type: none"> % of referred patients completing NDPP 	Memorial Hospital, MaineHealth	1- 3

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Health Priority: Substance Use Disorder

Goal of Health Priority: To prevent substance and tobacco use and improve health outcomes and recovery

Strategies	Metrics/What are we measuring?	Partners/External Organizations	Year of Work (1-3)
Strategy 1: Participate in NH state Harm Reduction Initiative including education on SUD	<ul style="list-style-type: none"># of in-services or trainings offered in region	Carroll County Coalition for Public Health (C3PH), Memorial Hospital	2-3
Strategy 2: Expand awareness of SUD treatment and services	<ul style="list-style-type: none">Identify SUD resources and support Add resources to findhelpInform providers and community of resources/ findhelp	Carroll County Coalition for Public Health, Memorial Hospital, MaineHealth,	1- 3
Strategy 3: Support efforts to expand number and use of peer recovery coaches	<ul style="list-style-type: none">Increase in number of coaches available	White Horse Addiction, MWV Supports Recovery, Memorial Emergency Dept, Northern Human Service Rapid Response Team	2-3

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Health Priority: Healthy Aging

Goal of Health Priority: To improve health outcomes and quality of life for older adults

Strategies	Metrics/What are we measuring?	Partners/External Organizations	Year of Work (1-3)
Strategy 1: Improve health outcomes of older adults by screening and referring to support and services	<ul style="list-style-type: none"> Increase to 60% (or higher those 65 or older screened at Annual Wellness Visit (falls, depression, cognitive impairment, Advanced Care Planning) 	Primary Care, Community Health Improvement, Community Partners, MaineHealth	1- 3
Strategy 2: Support and enhance Palliative Care Program	<ul style="list-style-type: none"> Number of patients seen in Community Palliative Care program 	VNHCH, Memorial Primary Care	1- 3
Strategy 3: Expand programs in MWV Dementia Capable grant	<ul style="list-style-type: none"> Use grant metrics evaluation report including (REACH, ADC attendance, Caregiver stress scale, Dementia Attitudes scale) 	Memorial Hospital, MaineHealth, VNHCH, MWV Adult Day Center, Gibson Center, Northern Human Services	1- 3
Strategy 4: Participate in (AARP) Age Friendly Community Initiative	<ul style="list-style-type: none"> Data from Age Friendly Metrics based on annual goals (Number of Walkable Trails; Participants in Safe, Warm and Dry program; Participants in Keep Driving Safely; Promote awareness and use of new MWV Rec Path; expansion Community Connections resource awareness) 	Gibson Center, Community Partners including Memorial, town leaders, C3PH, VNHCH,	1- 3
Strategy 5: Improve health outcomes of older adults by becoming Age Friendly Health System	<ul style="list-style-type: none"> Raise awareness of benefits of Age Friendly Health system (improved health outcomes, cost effectiveness, aligning health outcomes goals with care preferences) Develop plan to utilize evidence based 4Ms (What Matters, Mobility, Mentation and Medication) into routine practice 	Memorial Hospital , MaineHealth, Age Friendly Community	2-3