### Implementation Plan for Community Health Needs Assessment 2022-2024

**MaineHealth LHS:** Memorial Hospital  
**County:** Carroll County NH  
**Health Priority:** Social Determinants of Health (SDOH)  
**Goal of Health Priority:** To improve the conditions in which people are born, grow, live, work and age

<table>
<thead>
<tr>
<th>Strategies</th>
<th>Metrics/What are we measuring?</th>
<th>Partners/External Organizations</th>
<th>Year of Work (1-3)</th>
</tr>
</thead>
</table>
| **Strategy 1:** Increase awareness and services to reduce Food Insecurity | • % of patients screened for Food insecurity in Primary Care  
• Number of food bag distributed in Primary Care  
• Identify available food pantries, free/reduced cost meals, and other resources available to community | Memorial Hospital, NH Cooperative Extension, Carroll County Coalition for Public Health, MaineHealth | 1-3 |
| **Strategy 2:** Improve utilization and awareness of community resources | • Number of resources added to findhelp  
• Support for providers, community in accessing resources | Memorial Hospital, MaineHealth Community Health Improvement, Community Partners, findhelp, EPIC | 1-3 |
| **Strategy 3:** Support implementation of Care Coordination Model at White Mountain Community Health Center | • Number of patients screened for SDOH using standardized screener  
• Number of follow up referrals by team consisting of RN, Social Worker and Community Health Worker | White Mountain Community Health Center | 2-3 |
| **Strategy 4:** Improve transportation options working with Regional Coordinating Council (RCC) | • Work with State Mobility Manager to develop plan for regional transportation opportunities  
• Define strategies to share information with staff, providers and managers | Community Health Collaborative, Support Tri County Cap | 2-3 |
| **Strategy 5:** Support community efforts to address housing needs in region | • Housing resources available | MWV Housing Coalition, MWV SupportsRecovery, AgeFriendly Community | 2-3 |
# Implementation Plan for Community Health Needs Assessment 2022-2024

**MaineHealth LHS:** Memorial Hospital  
**County:** Carroll County NH  
**Health Priority:** Access to Care  
**Goal of Health Priority:** To improve access, reduce barriers and decrease health inequities for all people

<table>
<thead>
<tr>
<th>Strategies</th>
<th>Metrics/What are we measuring?</th>
<th>Partners/External Organizations</th>
<th>Year of Work (1-3)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Strategy 1:</strong> Increase awareness of community resources and services</td>
<td>• Increase resources findhelp</td>
<td>Memorial Hospital, MaineHealth, Community Health Collaborative, findhelp</td>
<td>1-3</td>
</tr>
</tbody>
</table>
| **Strategy 2:** Increase access to Behavioral Health services             | • Addition of Behavioral Health Provider in Primary Care  
• Increased telehealth accessibility working with Dartmouth Health System in addition to Northern Human Services | Memorial Hospital Primary Care, Memorial Emergency Dept                                         | 2-3               |
| **Strategy 3:** Develop model and workflow for all pediatric screening, education and support using electronic application | • Develop model for all pediatric screenings questionnaire to be completed prior to Well Child visit maximizing use of provider time with patients  
• Pediatrician working with Innovation Blender, and staff to create model  
• Provide parent education along with screening | Primary Care Pediatrics, MaineHealth, Innovation Blender, Children Unlimited                    | 2-3               |
| **Strategy 4:** Increase access to wellness and lifestyle activity opportunities using virtual options (i.e. NDPP, AMOB, Living Well, Alzheimer’s Association, REACH) | • Number of programs available virtually  
• Number of patients/community members participating | Memorial Hospital, MaineHealth, Age Friendly Community, MWV Dementia Capable Grant               | 1-2               |
| **Strategy 5:** Increase referrals and participation in National Diabetes Prevention Program (NDPP) | • % of referred patients completing NDPP | Memorial Hospital, MaineHealth                                                               | 1-3               |
# Implementation Plan for Community Health Needs Assessment 2022-2024

**MaineHealth LHS:** Memorial Hospital  
**County:** Carroll County NH  
**Health Priority:** Substance Use Disorder  
**Goal of Health Priority:** To prevent substance and tobacco use and improve health outcomes and recovery

<table>
<thead>
<tr>
<th>Strategies</th>
<th>Metrics/What are we measuring?</th>
<th>Partners/External Organizations</th>
<th>Year of Work (1-3)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Strategy 1:</strong> Participate in NH state Harm Reduction Initiative including education on SUD</td>
<td>• # of in-services or trainings offered in region</td>
<td>Carroll County Coalition for Public Health (C3PH), Memorial Hospital</td>
<td>2-3</td>
</tr>
</tbody>
</table>
| **Strategy 2:** Expand awareness of SUD treatment and services | • Identify SUD resources and support Add resources to findhelp  
• Inform providers and community of resources/findhelp | Carroll County Coalition for Public Health, Memorial Hospital, MaineHealth, | 1-3 |
| **Strategy 3:** Support efforts to expand number and use of peer recovery coaches | • Increase in number of coaches available | White Horse Addiction, MWV Supports Recovery, Memorial Emergency Dept, Northern Human Service Rapid Response Team | 2-3 |
## Implementation Plan for Community Health Needs Assessment 2022-2024

**MaineHealth LHS:** Memorial Hospital  
**County:** Carroll County NH  
**Health Priority:** Healthy Aging  
**Goal of Health Priority:** To improve health outcomes and quality of life for older adults

<table>
<thead>
<tr>
<th>Strategies</th>
<th>Metrics/What are we measuring?</th>
<th>Partners/External Organizations</th>
<th>Year of Work (1-3)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Strategy 1:</strong> Improve health outcomes of older adults by screening and referring to support and services</td>
<td>• Increase to 60% (or higher those 65 or older screened at Annual Wellness Visit (falls, depression, cognitive impairment, Advanced Care Planning)</td>
<td>Primary Care, Community Health Improvement, Community Partners, MaineHealth</td>
<td>1-3</td>
</tr>
<tr>
<td><strong>Strategy 2:</strong> Support and enhance Palliative Care Program</td>
<td>• Number of patients seen in Community Palliative Care program</td>
<td>VNHCH, Memorial Primary Care</td>
<td>1-3</td>
</tr>
<tr>
<td><strong>Strategy 3:</strong> Expand programs in MWV Dementia Capable grant</td>
<td>• Use grant metrics evaluation report including (REACH, ADC attendance, Caregiver stress scale, Dementia Attitudes scale)</td>
<td>Memorial Hospital, MaineHealth, VNHCH, MWV Adult Day Center, Gibson Center, Northern Human Services</td>
<td>1-3</td>
</tr>
<tr>
<td><strong>Strategy 4:</strong> Participate in (AARP) Age Friendly Community Initiative</td>
<td>• Data from Age Friendly Metrics based on annual goals (Number of Walkable Trails; Participants in Safe, Warm and Dry program; Participants in Keep Driving Safely; Promote awareness an use of new MWV Rec Path; expansion Community Connections resource awareness)</td>
<td>Gibson Center, Community Partners including Memorial, town leaders, C3PH, VNHCH,</td>
<td>1-3</td>
</tr>
</tbody>
</table>
| **Strategy 5:** Improve health outcomes of older adults by becoming Age Friendly Health System | • Raise awareness of benefits of Age Friendly Health system (improved health outcomes, cost effectiveness, aligning health outcomes goals with care preferences)  
• Develop plan to utilize evidence based 4Ms (What Matters, Mobility, Mentation and Medication) into routine practice | Memorial Hospital, MaineHealth, Age Friendly Community | 2-3 |