

Implementation Plan for Community Health Needs Assessment 2022-2024

MaineHealth/Affiliate Hospital: Spring Harbor Hospital/Maine Behavioral Healthcare

County: Cumberland

Health Priority: Mental Health Access

Goal of Health Priority: Increase access to all behavioral health services across MaineHealth service area

Strategies	Metrics/What are we measuring?	Partners/External Organizations	Years of Work (1-3)
Strategy 1: MBH will increase access to Behavioral Health services through increased occupancy in Spring Harbor hospital by converting the young adult unit services to non-adult services	% Occupancy	MaineHealth System	Year 1 - 3
Strategy 2: MBH will increase access to Behavioral Health services through decreased length of stay for adults in Spring Harbor Hospital	# of Days for Length of Stay	MaineHealth System MBH Ambulatory Services Community Services	Year 1-3
Strategy 3: MBH will increase access to Behavioral Health services through decreased length of stay in Emergency Departments throughout MaineHealth by addressing needs of ED high utilizers	# hours for Length of Stay # of High Utilizers	MaineHealth System MBH Ambulatory Services Community Services	Year 1-3
Strategy 4: MBH will increase access to Behavioral Health services in ambulatory settings by implementing Team Based Care across the system and clinical strategies for increased patient support in primary care settings	# of New Patients # of days for Referral	MBH Ambulatory Clinics MaineHealth System	Year 1 - 3
Strategy 5: MBH will increase access to Behavioral Health services in York County through implementation of Certified Community Behavioral Health Clinic	# of patients triaged # of patients assessed # of patients assigned Care Coordinator # of patients converted to Team Based Care # of MBH patients with 2 or more ED visits in last 90	Southern Maine Regional Partners Sweetser (crisis and school based services) SAMHSA	Year 1-3

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Strategies	Metrics/What are we measuring?	Partners/External Organizations	Years of Work (1-3)
Strategy 6: Implement Bridge to Zero Suicide Initiative	Implement a standardized suicide screening tool across 75% of appropriate MBH sites	MaineHealth system	Year 1-2
Strategy 7: Support Behavioral Health-related CHIP strategies across MaineHealth	# of monthly meetings attended at other LHS # of projects in which partnered at LHS	MaineHealth system	Year 1 - 3

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Health Priority: Substance Use Disorder (SUD)

Goal of Health Priority: To prevent and treat Substance Use Disorder

Strategies	Metrics/What are we measuring?	Partners/External Organizations	Years of Work (1-3)
Strategy 1: Increase access to treatment for opioid use disorder (OUD) using all forms of buprenorphine (including long acting)	# of patients receiving buprenorphine	MaineHealth Primary Care IMAT Maine Behavioral Healthcare State of Maine Office of MaineCare Services – Opioid Health Homes	Year 1-3
Strategy 2: Offer treatment for with Alcohol Use Disorders by implementing ambulatory alcohol withdrawal management in select MBH Substance Use Disorder Hubs	# of patients treated for acute alcohol withdrawal in outpatient setting	MBH Biddeford Main Street Clinic Maine Behavioral Healthcare	Year 1-3
Strategy 3: Improve treatment access and retention through strengthening awareness of MBH Peer Support Specialists	# of peer referrals # of provider peer referral outreaching trainings	MaineHealth System Coastal Health Alliance Primary Care and ED	Year 1-2
Strategy 4: Expand SUD and co-occurring services for youth in York County	Fund training in Motivational Interviewing for Hub Establish Care Coordination processes and procedures between the Hubs and OPS in York County Provide initial training for screening and assessing SUD/COD for OPS and BHI	Southern MaineHealth Regional Partners Sweetser (crisis and school based services) SAMHSA	Year 1-3

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Health Priority: Priorities Not Selected

Goal of Health Priority: N/A

Health Priority	Reason nor chosen
Social Determinants of Health (SDOH)	Many of the strategies to address access to mental health and substance use disorder treatment and services also directly address social determinants.