

Signs of Hope 2025

Celebrating Compassion, Community, and Care

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Dr. Alex Keuroghlian, Kelly Barton, guest speaker Erin St. John, Philanthropy Committee Chair and MHBH Board member Lucy Tucker, and Sheri Boulos — founder of Signs of Hope and a true visionary.

On **Wednesday, July 16, 2025**, nearly 150 friends gathered at the **Portland Country Club** to honor the exceptional services of **MaineHealth Behavioral Health** and to celebrate the strength of community in supporting mental health. A special thanks goes to our extraordinary co-host, **Sheri Boulos**, whose leadership and dedication helped make the evening possible.

Together, we raised more than **\$184,500** in gross proceeds! Funding from *Signs of Hope* provides vital resources that directly support children, teens, and adults across Maine, ensuring continued access to compassionate, innovative care.

Event Highlights

The highlight of the evening was hearing from Erin, who shared his deeply moving story of living with complex needs and the life-changing role MaineHealth Behavioral Health has played in his journey. His words captured the heart of Signs of Hope—reminding us all why access to inclusive, lifelong care matters so deeply.

We also honored a **new generation of caregivers**, presenting the *Commitment to Community* recognition to the inaugural graduates of our **Psychiatric Technician Apprenticeship and Nurse Residency Program**—programs created to strengthen Maine’s mental health workforce and build lasting local solutions.

Save the Date

Mark your calendars! **Signs of Hope 2026** will return on Wednesday, July 15, 2026. Ticket sales will open in spring—check back here for details.



Host Committee members David and Donna Banks, a devoted couple whose longtime generosity reflects their deep dedication to advancing behavioral health.



From left: Laura McHugh, Host Committee member Betsey Timm, and Host Committee and Philanthropy Committee member Jill Metcalf—relatives united in their commitment to Signs of Hope—enjoying an evening of connection.



Smiles across generations: Nancy Pond and her grandchildren, Alex St. John and Grace Grey enjoying the evening.

With Deepest Gratitude to Our 2025 Event Sponsors

Your partnership fuels hope and healing. Thank you for standing with us to make mental health care more accessible across our communities.



\$5,000 Guardian Sponsor



\$2,500 Patron Sponsor



Honoring Visionary Leadership and Generosity

To our Host Committee – thank you for your unwavering commitment and bold vision.

To our donors – your generosity powers this mission.

Together, you are building a future where mental health care is within reach for all.

CHAIRMAN - \$10,000+

Sheri Boulos*
Dr. Tigrav B. Glickman

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Kathy and Jay Lowery

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Peg and Bill Ryan*

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James Theofilos*
Greg Boulos and
Nela Alvarez Sotomayor*
Janet and Phil Bruen*

Kelly Elkins
Linda and Robert Fuller*
William and Alexandra Fuller*
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Alex Keuroghlian and
Peter Marcus
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Dr. and Mrs. Andrew T. Mueller
Richard and Anna Olsen*

Dennis and Anne O'Donovan
Lucy and Dan Tucker*
Annie and Owen Wells*

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Nancy Pond*
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The Tarraza Family
Betsey Timm*

BRONZE - \$500

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Kevin P. O'Donovan and family
Becky and John M. Piper*
Mary and Jon Piper*
Hannah and Terence Ryan*
Susan Schraft, MD and
Richard Berne*
Wendy Westervelt

Supporters of Change. Thank you to the many generous individuals and families who have contributed to this year's event. Every gift—no matter the amount—helps build a stronger, more compassionate community for mental health. We are especially grateful to recognize those who have given under \$500. Every gift makes a difference.

Anonymous
Ainsley Browne
Laurie Cavanaugh
Maureen Cavanaugh
Elizabeth and Santo Cimino
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Gina Marie and
Santo DiDinato
Rev. Andrew S. Faust and
Brenda L. Faust
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Flowers courtesy of Pineland Farms. With gratitude to Annie and Owen Wells

*denotes host committee member

The above represent gifts received as of August 27, 2025