

A photograph of the Lincoln Community Hospital building, a two-story brick structure with a dark roof and a white cupola. The building is situated behind a grassy field and a body of water, with a dense line of evergreen trees in the background. A white car is parked in front of the building. The text "EMERGENCY" is visible above the entrance. The entire image is reflected in the water in the foreground.

Community Health Implementation Plan (CHIP)

October 1, 2025 -
September 30, 2028

**Lincoln
Community/
MaineHealth
Lincoln
Hospital**



Implementation Plan for Community Health Needs Assessment FY2025-FY2028

MaineHealth Hospital: MaineHealth Lincoln Hospital

County: Lincoln

Health Priority: Social Drivers of Health

Goal of Health Priority: Policy and advocacy steps as a health system to support decrease in SDOH impact; addressing social drivers of health, not just individual health-related social needs.

Strategies	Proposed Measures	Partners / External Organizations
Strategy 1: Increase key age-appropriate social drivers of health (SDOH) screening for inpatient and outpatient.	<ul style="list-style-type: none"> • % of appropriate patients screened for SDOH – inpatient • % of appropriate patients screened for SDOH - outpatient 	<ul style="list-style-type: none"> • MaineHealth CMS SDOH Rules Compliance Committee, MaineHealth Medical Group
Strategy 2: Increase the number of referrals to resources supporting patients with positive SDOH screens.	<ul style="list-style-type: none"> • % of care team members who used findhelp • # of connections made using findhelp • Years 2 & 3: % of patients referred to social worker or case manager 	<ul style="list-style-type: none"> • findhelp Community Engagement Workgroup, local community based organizations / non-profit organizations; MaineHealth Medical Group
Strategy 3: Standardize a community-based community health worker (CHW) model and disseminate throughout the MaineHealth service areas.	<ul style="list-style-type: none"> • Year 1: Standard community-based CHW model developed • # of CHW FTEs • # of local hospital communities with CHW FTE • % of CHWs that completed core competency training 	<ul style="list-style-type: none"> • MaineHealth CHW Workgroup, Maine CHW Initiative (including external CHW programs), MaineHealth Medical Group
Strategy 4: Increase connections to coverage and care through Access to Care programs.	<ul style="list-style-type: none"> • # of MaineCare enrollments for people under 21 years old • # of Medicare Savings Program applications submitted 	<ul style="list-style-type: none"> • MaineHealth Access to Care

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MaineHealth Hospital: MaineHealth Lincoln Hospital

County: Lincoln

Health Priority: Healthy Eating Active Living

Goal of Health Priority: Improve healthy eating and active living behaviors across the lifespan.

Strategies	Proposed Measures	Partners / External Organizations
Strategy 1: Increase implementation of evidence-based healthy eating active living (HEAL) environmental and policy change strategies.	<ul style="list-style-type: none">• % of Let's Go! enrolled sites that complete the Let's Go! self-assessment• # agencies improving policies or practices	<ul style="list-style-type: none">• MaineHealth HEAL Workgroup, local early care and education and school sites
Strategy 2: Increase participation in the Matter of Balance program across the system.	<ul style="list-style-type: none">• # of referrals to Matter of Balance• # of participants in Matter of Balance – Virtual• # of participants in Matter of Balance – in person	<ul style="list-style-type: none">• MaineHealth Healthy Aging, local YMCAs, libraries, senior center, MaineHealth Lincoln Hospital independent living housing
Strategy 3: MaineHealth Food Service Directors will explore and identify strategies that will have an impact on climate change.	<ul style="list-style-type: none">• Year 1: Develop strategy to reduce meat purchasing• Years 2 & 3: \$ spent on animal products	<ul style="list-style-type: none">• Hospital Food Service Director Workgroup, Food & Nutrition Services Operating Model 2.0 Workgroup
Strategy 4: Increase implementation of Food is Medicine (FIM) interventions.	<ul style="list-style-type: none">• # of FIM treatment interventions per local hospital community	<ul style="list-style-type: none">• Food Is Medicine Workgroup

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MaineHealth Hospital: MaineHealth Lincoln Hospital

County: Lincoln

Health Priority: Mental Health

Goal of Health Priority: Youth Mental Health - Improve the mental health status of Maine youth

Adult Mental Health - Decrease the prevalence of unmanaged depression and decrease number of suicides and suicide attempts.

Strategies	Proposed Measures	Partners / External Organizations
Youth Mental Health		
Strategy 1: Increase awareness and number of youth mental health best practices strategies being implemented/supported by MaineHealth (e.g. MindUp, SOS, Youth / Teen Mental Health First Aid (MHFA), Trauma-Focused Cognitive Behavioral Therapy, Adolescent Community Reinforcement Approach).	<ul style="list-style-type: none"> # of trainings conducted # of people trained 	<ul style="list-style-type: none"> Youth Mental Health Workgroup, youth serving agencies (e.g. youth centers, Parks and Recreation Departments, YMCAs), schools, MaineHealth Mid Coast Hospital / MaineHealth Lincoln Hospital Community Health Improvement Fund (MMCH-MLH CHIF) Committee, community organizations
Strategy 2: Increase the number of referrals to resources supporting patients with positive trauma screens.	<ul style="list-style-type: none"> Year 1: # of local programs serving ages 19 and under on MaineHealth findhelp Years 2 & 3: % of pediatric patients with a positive trauma screening and symptomology with a referral action Years 2 & 3: # of connections to youth serving programs via findhelp 	<ul style="list-style-type: none"> Agencies offering trauma resources; findhelp Community Engagement Workgroup; MaineHealth Medical Group; MaineHealth CHI Trauma, Resilience, and Innovation
Strategy 3: Increase the number of strategies / positive youth experiences that increase feelings of mattering being implemented / supported by MaineHealth.	<ul style="list-style-type: none"> # experiences supported/offered 	<ul style="list-style-type: none"> Youth serving agencies (e.g. youth centers, Parks and Recreation Departments, YMCAs), schools, municipalities

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Strategies	Proposed Measures	Partners / External Organizations
Strategy 4: Identify impact of social media and cell phone use on youth mental health and promote best practices locally to address the issue.	<ul style="list-style-type: none"> Year 1: % of schools offered assistance with developing personal electronic device policies Year 1: Tip sheets on personal electronic device and social media use created and disseminated Years 2 & 3: % of schools offered assistance with communicating and implementing personal electronic device policies" 	<ul style="list-style-type: none"> Youth Mental Health Workgroup, youth serving agencies (e.g. youth centers, Parks and Recreation Departments, YMCAs), youth mental health experts, schools
Adult Mental Health		
Strategy 5: Provide training to care team members across the healthcare system using Question, Persuade, Refer (QPR) model as part of the Zero Suicide program to effectively address suicidality in patients.	<ul style="list-style-type: none"> % of non-clinical staff trained and recertified in Question, Persuade, Refer model 	<ul style="list-style-type: none"> Zero Suicide grant team, MaineHealth Behavioral Health Ambulatory Services
Strategy 6: Increase community awareness and number of adult mental health best practice strategies being implemented / supported by MaineHealth, to include vulnerable populations	<ul style="list-style-type: none"> # of trainings conducted # people trained Years 2 & 3: # higher risk populations reached 	<ul style="list-style-type: none"> Youth Mental Health Workgroup, National Alliance on Mental Illness (NAMI) Maine, local community organizations, businesses, law enforcement
Strategy 7: Meet and/or maintain the MaineHealth target for % of adults screened for depression.	<ul style="list-style-type: none"> % of patients 12+ screened for depression in the last year and, if positive, had a follow-up plan documented within 2 days 	<ul style="list-style-type: none"> MaineHealth Medical Group

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Health Priority: Substance Use

Goal of Health Priority: Decrease the prevalence of substance use disorders and decrease the number of drug overdose deaths.

Strategies	Proposed Measures	Partners / External Organizations
Strategy 1: Increase referrals to substance use disorder (SUD) treatment (including ambulatory alcohol withdrawal management (AWM), medication for opioid use disorder (MOUD), contingency management, MaineMom, etc.).	<ul style="list-style-type: none"> Year 1: Plan developed to disseminate stigma training to care team members # of patients receiving buprenorphine 	<ul style="list-style-type: none"> MaineHealth Addiction Specialty Council
Strategy 2: Increase access to harm reduction services (e.g. recovery center, recovery coaches, stigma training, MaineHealth peer support services, Syringe Services Programs (SSPs), drug overdose prevention).	<ul style="list-style-type: none"> # of safer drug supplies distributed to patients / community members # of community members that participated in stigma trainings Years 2 & 3: # of patient encounters with Peer Recovery Partners 	<ul style="list-style-type: none"> MaineHealth Behavioral Health Peer Support Program, hospital emergency departments, community programs and community-based organizations, Healthy Lincoln County
Strategy 3: Increase the number of schools working on substance use prevention initiatives, including tobacco (such as Student Intervention Reintegration Program (SIRP), Lifeskills, vaping prevention).	<ul style="list-style-type: none"> # of schools implementing evidence-based substance use prevention programs # of students who completed substance use prevention education % of high school students who vaped in the past 30 days 	<ul style="list-style-type: none"> Schools, Healthy Lincoln County
Strategy 4: Increase referrals to evidence-based tobacco treatment services to meet and/or maintain the MaineHealth target.	<ul style="list-style-type: none"> % of patients 18+ who were screened for tobacco use within the last 2 years and, if a smoker, received cessation counseling # MaineHealth Medical Group Clinical Orientations at which Brief Intervention & Referral training was provided Years 2 & 3: # of provider referrals to Maine QuitLink per 1,000 patients using tobacco 	<ul style="list-style-type: none"> MaineHealth Center for Tobacco Independence; MaineHealth Medical Group; local schools and youth serving agencies; local businesses; and adult serving organizations

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Strategies	Proposed Measures	Partners / External Organizations
Strategy 5: Assess and develop a plan for youth intervention and treatment for SUD.	<ul style="list-style-type: none">Year 1: Assess current state of youth treatment for SUD at MaineHealth	<ul style="list-style-type: none">CHI teams, Programmatic Steering Committee (youth/adolescents), Certified Community Behavioral Health Clinic (CCBHC) workgroup, community-based organizations and schools

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MaineHealth Hospital: MaineHealth Lincoln Hospital

County: Lincoln

Health Priority: Chronic Disease

Goal of Health Priority: Cancer – Reduce deaths from cancer

Diabetes – Improve patient health outcomes through the achievement of proven risk reduction measures for patients with and at-risk for type 2 diabetes.

Dementia – Provide better support and care for people living with dementia and their caregivers.

Obesity / Overweight – Increase adherence to current standards of care for prevention, assessment, management, and treatment of metabolic disease.

Strategies	Proposed Measures	Partners / External Organizations
Cancer		
Strategy 1: Maintain or increase human papilloma virus (HPV) vaccination rate.	<ul style="list-style-type: none"> % patients 13 years old who have completed their HPV vaccinations by age 13 	<ul style="list-style-type: none"> MaineHealth Medical Group
Strategy 2: Increase rates for lung, breast, and colorectal cancer screenings.	<ul style="list-style-type: none"> % of female patients 50-74 seen in the last year who had a mammogram within the last 27 months % of patients 45-75 seen in the last year who had appropriate screening for colorectal cancer 	<ul style="list-style-type: none"> MaineHealth Medical Group
Diabetes		
Strategy 3: Increase the annual number of eligible individuals systemwide that are referred to the Living Well with Diabetes Self-Management Program.	<ul style="list-style-type: none"> # of eligible individuals that are referred to Living Well with Diabetes Self-Management Program 	<ul style="list-style-type: none"> MaineHealth Diabetes Prevention and Control Program, MaineHealth Medical Group
Strategy 4: Increase the annual number of eligible individuals systemwide that are referred to the National Diabetes Prevention Program.	<ul style="list-style-type: none"> # of eligible individuals that are referred to National Diabetes Prevention Program 	<ul style="list-style-type: none"> MaineHealth Diabetes Prevention and Control Program, MaineHealth Medical Group

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Strategies	Proposed Measures	Partners / External Organizations
Dementia		
Strategy 5: Train care team members in every local health system to provide care for people with dementia.	<ul style="list-style-type: none"> # of participants in dementia education trainings # of local hospital communities represented at dementia education trainings 	<ul style="list-style-type: none"> MaineHealth Healthy Aging; local community members and community-based organizations hosting programming, i.e. libraries; MaineHealth Lincoln Hospital independent living facilities; care partners for those living with dementia
Obesity / Overweight		
Strategy 6: Increase pediatric provider adherence to childhood obesity clinical practice guidelines.	<ul style="list-style-type: none"> Years 2 & 3: % of patients ages 10-17 with obesity class I, II, or III with an HbA1C ever ordered 	<ul style="list-style-type: none"> MaineHealth Pediatric Quality Improvement group, MaineHealth HEAL
Other		
Strategy 7: Implement an educational intervention that demonstrates the impact that climate change and pollution have on overall health.	<ul style="list-style-type: none"> # of educational strategies implemented 	<ul style="list-style-type: none"> MaineHealth Cardiology Department
Strategy 8: At least one practice in each LHS will be applying Silver Diamine Fluoride (SDF) in partnership with and with support from the From the First Tooth program.	<ul style="list-style-type: none"> # of local hospital communities with at least one practice implementing SDF # of SDF trainings Years 2 & 3: # of providers trained on SDF 	<ul style="list-style-type: none"> MaineHealth From the First Tooth