SYMPTOMS AND LABS

Rapid change and progression of symptoms < 6 months
Any episode of syncope
Signs and symptoms of right heart failure
Severe pulmonary hypertension
Shortness of breath at rest
Age < 50

HIGH RISK
SUGGESTED EMERGENT CONSULTATION

SYMPTOMS AND LABS

Progression of symptoms over 6-12 months
No history of syncope
No signs of right heart failure
Moderate or severe pulmonary hypertension

SUGGESTED PREVISIT WORKUP

Expedited referral to Pulmonary Hypertension Clinic
Suggest calling 207-661-4247, option 9 (physician to physician hotline)
Expedited outpatient (possible inpatient) evaluation

MODERATE RISK
SUGGESTED CONSULTATION OR CO-MANAGEMENT

SYMPTOMS AND LABS

Slow progression of symptoms >12 months
No history of syncope
No signs of right heart failure
Mild or moderate pulmonary hypertension
No shortness of breath at rest

SUGGESTED WORKUP

Referral to Pulmonary Hypertension Clinic
Consider calling 207-661-4247, option 9 (physician to physician hotline)

LOW RISK
SUGGESTED ROUTINE CARE

SYMPTOMS AND LABS

Progression of symptoms over 6-12 months
No history of syncope
No signs of right heart failure
Moderate or severe pulmonary hypertension

SUGGESTED MANAGEMENT

Referral to Pulmonary Hypertension Clinic

CLINICAL PEARLS

- On echocardiogram, a tricuspid regurgitant jet velocity > 2.8 m/s or estimated RVSP 35mmHg or greater is suggestive of the presence of pulmonary hypertension
- Clinical signs or symptoms of right heart failure include: syncope, chest pain, abdominal bloating, and swelling of the feet, ankles, and legs