Progress report on
Community Health Implementation Plan
(CHIP)
Fiscal Year
2022 2023 2024
(October 1, 2022 – September 30, 2023)
Spring Harbor Hospital/
Maine Behavioral Healthcare
Please highlight progress made from **October 1, 2022 - September 30, 2023** for strategies and actions taken to address the priority areas your organization selected as part of the 2022 Community Health Needs Assessment (CHNA) process. The strategies that your organization recorded in the 3-year Implementation Strategy section of your CHNA report are listed below. In addition, you are encouraged to include progress made for any additional strategies you implemented.

**MaineHealth Member Organization:** Spring Harbor Hospital/MBH  
**Date:** October 1, 2022 - September 30, 2023

| 2022 CHNA Priority Selected | 2022 Implementation Strategy / Planned Actions to Address Priority of Focus | If Action Implemented - Describe actions taken, impact from those actions, and collaborating partners  
If NO - Provide a reason why no action was taken |
|----------------------------|---------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
| Mental Health Access      | Implement Bridge to Zero Suicide Initiative                        | • Standardized suicide screening tool (CSSRS) for behavioral health has been built into Epic.  
• The first practice to adopt the tool will be the Lancaster St practice. Training is scheduled for the Biddeford staff in May. |
|                           | MBH will increase access to Behavioral Health services in ambulatory settings by implementing Team Based Care across the system and clinical strategies for increased patient support in primary care settings | • Team Based Care rolled out in April and clients are in the process of being identified. |
|                           | MBH will increase access to Behavioral Health services in York County through implementation of Certified Community Behavioral Health Clinic | • 1,356 patients assigned Care Coordinator.  
• 1,185 patients assessed.  
• 2,195 patients triaged.  
• 1,356 MBH patients with 2 or more ED visits in last 90 days. |
|                           | MBH will increase access to Behavioral Health services through decreased length of stay for adults in Spring Harbor Hospital | • 40.28 average days for Length of Stay. |
|                           | MBH will increase access to Behavioral Health services through decreased length of stay in Emergency Departments throughout MaineHealth by addressing needs of ED high utilizers | • Definition of ED high utilizer has been developed by the high utilizer subcommittee to align with the CCBHC metric of 2 or more ED visits within 90 days. |
|                           | MBH will increase access to Behavioral Health services through increased occupancy in Spring Harbor hospital by converting the young adult unit services to non-adult services | • 83% Occupancy |
|                           | Support Behavioral Health-related CHIP strategies across MaineHealth | • 5 projects in in partnership with local health systems  
• In addition to this work, MBH partnered with the Mountain Region to provide support for an RCORP grant and the SUD ECHO with FCHN.  
• 14 monthly meetings attended at other LHS in collaboration with Community Health Directors at local health systems. |
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| Substance Use Disorder     | Expand SUD and co-occurring services for youth in York County               | • Not yet implemented. Plan to execute this after assessments of training needs  
• Established Care Coordination processes and procedures between the Hubs and OPS in York County  
• Funding for training in Motivational Interviewing for Hub for 30 participants. |
|                            | Improve treatment access and retention through strengthening awareness of MBH Peer Support Specialists | • 740 peer referrals to Recovery Coach/Peer Support Specialists (combined with PenBay and Waldo County referrals)  
• Peer referral trainings to be implemented once contract with State is completed |
|                            | Increase access to treatment for opioid use disorder (OUD) using all forms of buprenorphine (including long acting) | • 511 patients receiving buprenorphine at Hub (Total number across the system is 1,436) |
|                            | Offer treatment for with Alcohol Use Disorders by implementing ambulatory alcohol withdrawal management in select MBH Substance Use Disorder Hubs | • 65 patients treated for acute alcohol withdrawal in outpatient setting. |