Diabetes Mellitus with Nephropathy

Overview:
DM with nephropathy (E10.21 or E11.21) may be recommended when:
- The microalbumin/creatinine ratio is ≥ 30 mg/g on at least two urine specimens separated by at least 3 months
- Albuminuria cannot be explained by other causes, such as:
  - fever
  - infection
  - vigorous exercise within previous 24 hours
  - dehydration
  - hematuria
  - menstruation

Assessment/Plan: Type 2 diabetes with nephropathy – albuminuria noted in 3/2022 and 8/2022. Continue metformin and start empagliflozin 10mg daily and losartan 50mg daily.

Albuminuria is demonstrated on 2 urine samples separated by at least 3 months. Active management demonstrated with SGLT2 inhibitor and angiotensin receptor blocker.

Documentation Example

Common Pitfalls
- Documentation and reported ICD-10 codes do not match (such as DM without complication and DM with nephropathy coded in same visit note)
- Not addressing both conditions when a single ICD-10 code represents a condition and its complication/manifestation (such as DM with nephropathy)

Resources: Diabetic Nephropathy - Genitourinary Disorders - Merck Manuals Professional Edition

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